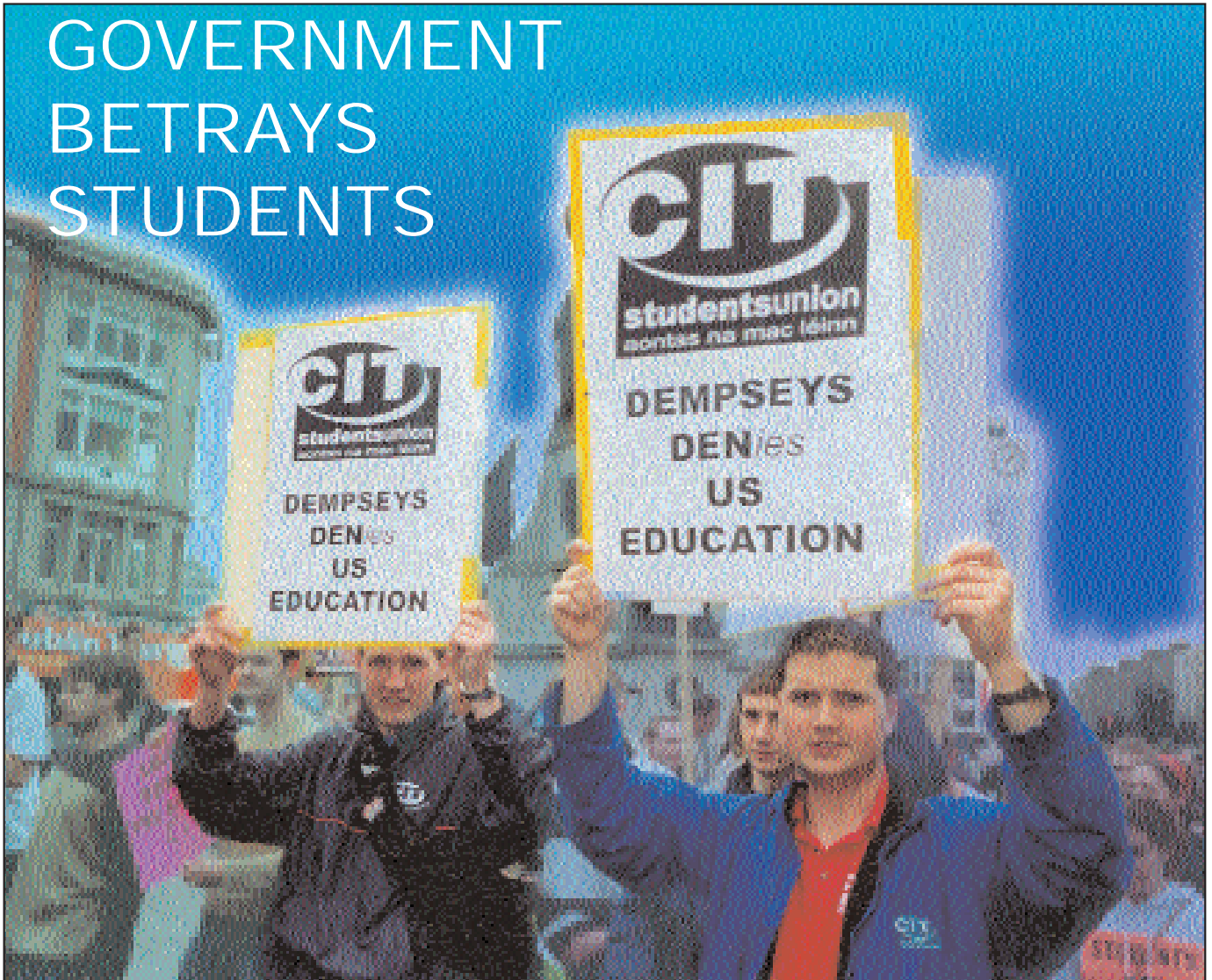


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# expliCIT

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## **explicit EXCLUSIVE**

# **NOT ANOTHER KEANE HEADLINE**

**ALL EXPOSED by Colin Noonan**



Hello Students of C.I.T.

Welcome to the first edition of expliCIT for the year. I hope everyone had a great summer and are returning in high spirits to dive straight into interesting and stimulating classes, study in the evenings and early bed times. Those of you who just said "yes" welcome to your first year at C.I.T. (Freshers - bless 'em). So innocent and naive without even a clue about Mystery tours, class parties or going out on a school night!

What a summer that was in the papers. I suppose it can all be summed up in these exciting matches.

**McCarthy Vs. Keane**  
**Dunphy Vs. Giles**  
**Bush/Blair Vs. Saddam/Bin Laden (Tag Team)**  
**Ireland Vs. Spain**  
**Bertie Vs. Common Sense**  
**Dempsey Vs. Students.**

Yes as most of you paying fees will have noticed you are paying nearly twice as much as you did in September of last year. During the summer months while we were all abroad or busy working the Government increased the fees by a whopping 79%, no doubt securing countless student votes in the next election (if there was a sarcastic ink that sentence would be dripping into your jeans. Another job well done by Team Bertie. (More complaining about our Government in later issues.)

I suppose an introduction is necessary, my name is Colin Noonan and I will be the Editor of this fine publication as well as your Communications Officer for the year (but more on that later in the mag).

As you have noticed by now (being an attentive student)\* this is a magazine and this magazine needs articles from you the students. "What? Me? Write an article?" I hear you say, yes you! Believe me it is as easy as pie just grab a pen, keyboard, piece of chalk whatever and scribble down your thoughts. A movie review, a recipe maybe you just had a funny occurrence involving midget elephants and a trampoline. Whatever it is drop it in or email it, and we will run it through our upgraded screening process (we now have chimps instead of monkeys). If you want to keep your name a secret not to worry you can use a pseudonym (false name) like Ivonna Tinkle or Amanda Huginkiss. If you want to drop in and discuss anything about the magazine with us drop in to see us in the prefab.

And for all you first years who find themselves in the toilet in C block after asking directions to your first lecture from an older student in the college, it was probably just a misunderstanding and in no way did said student intentionally lead you on a "Wild Fresher Chase".

To coin a phrase from our departed publications manager, "Take it handy and be dog wide".

Colin "I swear it will be done by Friday" Noonan  
\*not applicable on Monday or Friday mornings



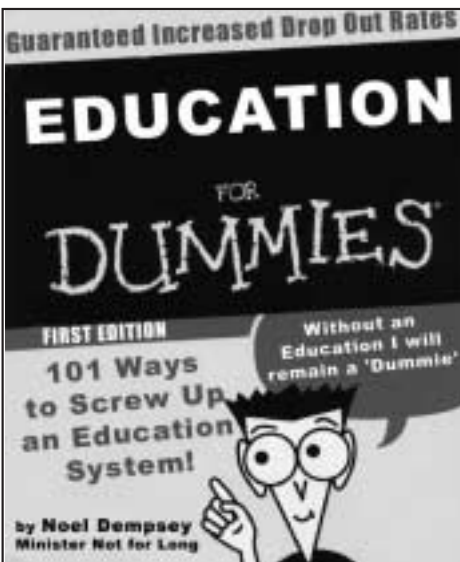
## Government Betrays Students with 69% Increase in Student Fees

Cork Students reacted with bewilderment and disgust to the 69% increase in the Examination, Registration and Student Services Fee announced by the Minister for Education, Noel Dempsey during the summer. CIT Students' Union in conjunction with many other Students' Unions around the country organised a protest march on the streets of Dublin in July. They wished to convey their anger and dismay that the Government had effectively reintroduced third level fees through the back door while many students had not budgeted for such a scandalous increase.

CITSU President, Gearóid Hogan, stated that "The total lack of consultation with students by the Department of Education regarding this massive increase is appalling. The increased charge in the student services fee to €670 represents over 250% since the introduction of the charge in 1996. Mr. Dempsey is covertly opening the infamous "back door" to the old college fees system and also slipping the news out in the middle of summer when many of the CIT students it effects are unavailable to respond. This is a sickening insult to them and their families. The students voice is continuously being ignored by our Government which was proven once again when the General Elections were timetabled to coincide with final examination dates. In a time when many government reports including HEA reports on Service Charges, January 1998 recommend consultative processes and student participation in educational governance in internal college administration they are refusing to put these proposals into action in the macro-political arena - "do as I say, not as I do"."

The feeble increase in the grant only barely takes into account the rate of inflation and still does not go any way towards making significant contribution to the cost of maintenance for 3rd level education

At a time when Ireland's future depends on the education of our population we feel that the Minister's actions have betrayed the people with whose welfare he is charged.



## Minister's Tardiness Disgusts Students

Cork Institute of Technology Students' Union are appalled with the news that grant applications of some students may not be processed till next April, leaving many students without financial assistance for most of the year. Many of first year students and other members of student body will be left in a very difficult position due to a Department of Education oversight. Less than two months after the shocking announcement regarding college fees being increased by 69%, the Department of Education provides another source of anxiety for students. As an Institute of Technology, Cork IT will be greatly affected by this blunder on the Departments part, as our Certificate and Diploma Students are processed through the VEC .

CITSU President, Gearóid Hogan, stated that "It is a disgrace that the grant application forms only arrived in local VEC's offices today while also college fees are being re-introduced through the back door in the guise of 'registration fees', the price of student accommodation continues to soar, and the cost of living continues to rise. It is disgraceful that students

have to decide in the next few days which courses to accept but don't even know if they will meet the requirements for a grant. Cork Institute of Technology Students' Union will be pressing on with hard lined campaigns when our students return next month. "

The Action Group on Access To Third Level Education stated in 2001 that ahead of the commencement of the academic year 2002/03, responsibility for the means testing and payments functions relating to the student grant scheme be transferred to the Department of Social, Community and Family Affairs. Minister Dempsey needs to make clear why this recommendation has not been implemented.

### WE NEED YOU!

If you would like to get involved writing for explicit please contact Philip in the SU office or email: [philip@cit.ie](mailto:philip@cit.ie)

# Student Centre Building Commenced



CITSU is pleased to state that the First Sod of the Student Centre was turned on the 11th of September. This building will be situated to the north side of the Gym. The student centre will host all student services such as Students' Union, Sports and Societies, Careers and Counseling and Chaplaincy. It will also host a student bar, café, mini market, bookshop, photocopying shop, common room, travel shop, banking facilities and a main covered courtyard.

CITSU President, Gearóid Hogan said, "this signifies a positive step for Student Services as a whole, students in CIT have long awaited for news that the student centre is to be built, this sod turning has been the culmination of years of hard work done by Students' Union officers, as president it gives me great pleasure to witness this historic moment and I look forward to the opening of the student centre".



In February 2002, the Cork Institute of Technology 'Health Promoting Institute (HPI)' steering committee was established. The committee, which comprises of representatives of students and staff, was drawn from across the Institute and works in consultation with the Southern Health Board (SHB).

Phase one was the facilitation of focus groups, which allowed students and staff to identify health-promoting projects within the Institute. The result of this consultative process has been collated by the SHB and will be published in mid October.

Following this process of appraisal and consultation the steering committee have recognised the priority areas as identified by the process. Phase two, which will be ongoing, is the action stage, where a number of practical projects will be undertaken with the co-operation of the relevant officers at the Institute along with the Students Union, students and staff, with a view to developing CIT as a health promoting Institute.

We would appreciate any comments, feedback or observations that you may have. We will be constantly monitoring and evaluating this project and are aware that its success is dependent on the co-operation of all.

Please e-mail us with any comments or observations that you may have [hpi@cit.ie](mailto:hpi@cit.ie)

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John, Shane & Douglas  
Student Services Company.



# Stay in Tune with 96FM



From news and sport to gig listings and fantastic giveaways and not forgetting our perfect music mix, 96FM continues to deliver the quality of entertainment demanded by its listeners and that includes you!

Listen out for Nighttime 96 which brings you the music you want to hear. Filled with the hottest chart and dance music and hosted by the irrepressible Chloe Jackson, Nighttime 96 from 7pm to 12am is essential listening each weeknight. Chloe will keep you up to date with the latest news and gossip from the world of entertainment, movies and music and the show features the Top 8 @ 8 which enables you to nominate the songs you want to hear. There are also fantastic prizes to be won on Chloe's show, ranging from the latest mobile phones to fantastic foreign holidays. Then at 11pm things slow down with After Dark when we play the slow songs that mean so much to so many!!

If you're looking for an alternative groove then Dave Mac has just the thing for you between 6 and 7pm every Saturday night. This is where you'll hear the best of what's new, fresh, funky and happening on the Irish music scene!

Staples of the show include The Green Room Sessions where Dave has bands live in studio for an impromptu acoustic track or two, regular band interviews, a look at the club happenings, regular competitions and Michael Carr from Inside Cork joins Dave every week for a look at what's going down on the local live scene.

So expect to hear the best from the likes of David Kitt, Ash, Snowpatrol, The Frames, The Frank and Walters, Revelino, Tenspeedracer, David Holmes, Sultans of Ping and lot's more besides!

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## CITSU PRESIDENT



It all starts here! Welcome everybody to CIT and to the Students' Union This is our monthly SU publication 'explicit'. My name is Gearóid Hogan and I will serve as your Students' Union President for this year. I am a graduate of the Business Studies Department and have been involved with the Students' Union for the past 4 years. While you have made a wise decision by coming to CIT we want you to make a few more wise decisions:

1. Attend your classes and do some study
2. Get involved by coming a class rep

### What is Cork IT Students' Union?

The Students' Union represents all full time registered students of CIT. The Students' Union main aim is to ensure that the voice of students is heard with clarity, vision and understanding. We are there to represent, lobby and defend the rights of students of CIT.

### What do I do as President?

I have overall responsibility to lead the Union, act as chief spokesperson and representative of CITSU. Some of my other responsibilities include overseeing finances and staffing, media relations, and ensuring union development through student participation. I am also the main liaison officer with The Crawford College of Art and Design and Cork School of Music. Some of the committees I sit on include: Governing Body; Academic Council; Academic Executive; Regulations Committee; Student Finance Committee; Canteen; Appeals Board; Arts Fest; and many other sub committees.

### Class Reps Elections

I would encourage students to put themselves forward for Class Rep. In short a class rep is the voice of a class, they report problems to us and after all if we don't know about a problem how can you expect us to act on it. The elections will be held in early October, it is a sure way of meeting new people and you also get the opportunity to organise a class party and to see how the Students' Union operates. This was how I and many others started our involvement in the SU. Class rep training will take place during October.

### Registration Fee 69% Hike

It has been a very busy summer for me, in July the Minister for Education Mr. Noel Dempsey announced a 69% increase in registration fee which means that last year students would have paid €396 but this year students have to pay €670. We took part in a march in Dublin to display our disgust with this hard hitting increases. I have written to every political party in the Cork region telling them of our anger with Mr. Noel Dempsey. I am glad to say that I have received replies from most. I will illustrate now where this money is going.

### Information on where the 69% increase in registration fees is going

This year as you all know the charge was increased by 69%. Unfortunately the increase will not benefit the institutions or the Students' Unions as all of the increase apart from 6% belongs to the government.

#### The government will administer the charge as follows:

Last years charge was €396  
Usual 6% increase = €24  
Registration 2002 - 2003 should be = €420  
Actual = €670  
Difference = €250

This is €250 for the Government

The grant, which CIT gets from the Exchequer, will be reduced by the amount of the additional income generated by the €250 increase while the 6% inflationary increase may be detained by the institutions. The effect of this approach on funding to our institution is therefore neutral.

The massive increase in the registration fees is a very serious attack on access to Third Level Education. It is a myth to say that this will not cause any difficulties for students, as those from lower paid backgrounds will be covered by the grant. In fact the parents' income cutoff point is ludicrously low considering that if both parents were on the minimum wage, most likely there would be no grant awarded. In any case, for those who do qualify, the grant is woefully inadequate to meet the growing cost of living for the average student. The timing is also highly offensive. Students spending the summer working for the college year, some away working for the summer were given no indication that this hike would be introduced until two thirds of their main working season was gone, so it will not have been budgeted for.

### Grant Delay

We were appalled with the news that grant applications of some students may not be processed till next year, leaving many students without financial assistance for most the year. Many of our first year students and other members of student body will be left in a very difficult position due to a Department of Education oversight. As an Institute of Technology, we will be greatly affected by this blunder on the Departments part, as our Certificate and Diploma Students are processed through the VEC.

The Action Group on Access To Third Level Education stated in 2001 that ahead of the commencement of the academic year 2002/03, responsibility for the means testing and payments functions relating to the student grant scheme be transferred to the Department of Social, Community and Family Affairs. Minister Dempsey needs to make clear why this recommendation has not been implemented

### Action

As you can see we have been messed around by the government not only do they increase the registration fee but to add insult onto insult they delay the processing of grant forms. This is not acceptable and CITSU will be pressing on with hard lined campaigns in the next few months. Education is our right not a privilege and the Ministers actions have taken the right of education from many students. We need your support as this affects all students of CIT.

### Car Parking

As you look around you will see that car spaces have been reduced but we have worked closely with the college and additional spaces have been provided around the college. I would encourage students to make use of alternative means of transport such as cycling and the bus. A new car park has been started with the creation of 580 extra spaces. This is to be completed by next February. The college has put up signage around the college directing cars to the various car parks and we would request that students comply with parking regulations.

### Building Matters

This year will also see the construction of our new student centre begin and the full marching of heavy machinery, so I ask you to bear with us as we make CIT a better place. In this edition of explicit there is a summary of what building work has taken place over the summer and the building that is and the building that is to come.

### Constitutional Review

Over the summer months we have been busy reviewing CITSU constitution. A focus group was set up to put forward changes to. I must say to date this focus group has proved successful and we hope to bring these proposed changes to Union Council very soon. In order for us to adopt these changes a referendum has to be held but I'll tell you more about that when the time comes.

As you can see a lot has happened over the summer months and more is to come without fail. We are here in the Students' Union for you, you are our bosses after all and don't forget that. We represent, defend and lobby on your behalf so please feel free to call in any time even if its only for a chat. I hope a good year will be had by all, just keep us informed of issues you feel need to be addressed. Enjoy Freshers Week and I look forward to meeting you all soon.

Risam Uile

Gearóid Hogan  
CITSU President



## VICE-PRESIDENT WELFARE

September has come once again and familiar faces are to be seen around the canteen and atrium. Yes! Third level education has recommenced for another year.

First and foremost you have to remember that without you, the students, this Institute would not be here. No lecturers, no technicians, no caretakers, no canteen staff and, most importantly, no Students' Union. You are now the centre of your own universe here in CIT. Rule wisely!

The years you spend in this Institute can either be the best, or the worst, of your life depending on how you approach the situation. Between assess-

ments and projects getting through college is difficult enough without making life harder for you by approaching it with a closed and hostile mind. So this year take the time to get to know those around you, in your class, in your accommodation and in your Institute. Who knows, you might be pleasantly surprised.

If ever you find yourself in trouble, financially, mentally, emotionally, physically or academically, please remember that the students union is here to help you and that I operate a confidential open door policy. If we can't help you directly I assure you that we will find someone who can help you.

CIT has one of the most diverse student populations of any Institute in Ireland; even a quick glance around both atria will support this statement. Just remember that you can't judge a book by its cover, get to know a person before you make your mind up about them. That big, bad world out there is tough enough without making it tough in here too. There are clubs and societies of all makes and descriptions to get involved in. and if you can't find one to suit you don't hesitate to set up one of your own, just call to Mervyn O' Mahony, societies officer here in CIT.

Welfare and Health Awareness week is being run this year from the 15th to the 17th of October, and is there to make you aware of the variety of organisations, centres and help-groups available throughout the city and the country, as well as within your own Institute. If any of you want to get involved just drop into my office and let me know. It always looks good on a CV to be part of a welfare committee.

Go forth and enjoy your time here in CIT, but keep the Students Union in the back of your mind. You never know when you might need an impartial opinion, a sympathetic ear or just a friend. There is no stigma attached to the welfare office and you will never be judged here.

Best of luck throughout the year, and I will see you all around campus.

Margaret Carey  
Vice President Welfare.



## COMMUNICATIONS OFFICER

Me again. As Communications Officer this year my job is basically to keep you all informed as to what the S.U is doing. Things like protests, strikes and the like. I am ensuring that the union uses all the mediums available to it to "communicate with you the students.

The main medium being the magazine. Since you are now reading it my work here is done. With everything going to plan over the next few months we should have a magazine to rival the greats like F.H.M. or Cosmo. Yes BIG plans HA HA HA HA ha ha. Ahem. Anyways, see you around college.

Colin Noonan  
Communications Officer



## VICE-PRES EDUCATION

Well a new year is on us again and the halls fill once more with the tramp of feet. I hope you all enjoyed your summer and that the new college term finds you well. For those of you who don't know my name is James Maher your education officer. My desk is situated in behind the counter in the corner of the main S.U. office. I am here to help you with all problems related to things like courses, exams, repeat, appeals and many other things. You can of course call in any time you need help or just someone to talk to in regard to problems you have or information you may want or need.

Anyway many things have happened over the summer, which may affect your ability to study in C.I.T. in the coming year. The most noticeable from a national standpoint was the registration fee hike, which has affected a lot of people within the college to the more local issue of the ongoing building works on the Bishopstown campus and the renovation of some of the rooms. Space may be at a premium with some classes and other issues I'm sure will arise throughout the year. Please bring them to our attention. Anyway wishing you all a good year and if you need help remember we are here.

Regards

James Maher  
Vice President Education



## EQUALITY OFFICER

Fialte Romhat chuig C.I.T .Ba mhaith liom mar oifigeach cothromaiochta, failtu mor a thabhairt diobh.

I mbhlaina mbeidh me ar fhail san oifig leasa uair sa seachtain. Bi Cinte cuairt a thabhair chugam mar ta fadbhanna agaibh. Bheinn thar a bheith sasta dilea le bhur fadbhanna uilig.

Welcome to CIT. As Equality Officer I would like to take this opportunity to welcome you.

As Equality officer I am responsible for all matters pertaining to equality and countering discrimination in student life. This year I will be available in the welfare office one hour a week and please feel free to call in.

I really hope you enjoy you're life in cit. Make sure to get involved in a club or society as clubs and soc's days will be next week. Don't forget to get involved and be active. Blain nua , tus nua.

Le gach dhea ghui

Jenny  
Equality Officer

## Tenants' Rights Information

### Introduction

The following information is a guide for tenants and does not constitute formal legal advice.

As a tenant in private rented accommodation you will have both legal rights and duties. Verbal agreements are binding but written agreements are obviously easier to clarify at a later date if required. Please bear in mind that informal negotiation with both landlord and tenant can sometimes resolve difficult situations.

Finding Accommodation for the Students in Your College. There are a few tried and tested ways of securing accommodation. If you intend placing an advertisement in the newspaper(s) check the costs, as depending on the size of ad, it may or may not yield the results for the students' union which is undoubtedly operating within budgetary constraints. It is a good idea to assess the response that varying methods of advertising get. Find out from those advertising with you where they found out. If the newspaper ad. works it may be a good idea to budget for a larger ad. the next year or perhaps a re-run this year.

Surprisingly, the shop window ad. is often very successful both in smaller towns and city areas. You will be surprised the response an ad. in a shop window of flatland can generate. In recent years a lot of colleges have flyered local housing estates in relation to finding rooms in family homes for students either in a digs scenario or self-catering. It is useful to mention on your flyer, the tax exemption here, as it has proved to secure a lot more rooms in recent years. See page for information on this scheme.

### Tenants' Duties

As a tenant you have rights within the law. You also have duties. These include paying the rent, keeping the accommodation in good condition and avoiding damage to the property which you are renting. You are also required not to cause nuisance or annoyance to those around you. If you have any special terms in your lease you should comply with them also. It is inadvisable to withhold rent if there are problems with the accommodation such as faulty appliances etc. You will usually be in a better position to assert your rights when you have kept to your side of the bargain, i.e. have paid your rent.

### Deposits

It is usual for a landlord to look for a security deposit, be it a few weeks rent or a month's rent. The deposit must be recorded in your rent book or you should have a receipt for the amount. Keep your receipt for future reference and/or in case of a disagreement regarding the deposit.

You may lose some or all of your deposit if you:

- 1) do not give adequate notice that you are leaving or if you leave before the end of a lease or tenancy agreement.
- 2) cause damage to the property which is above normal wear and tear.
- 3) leave without paying all your rent or leave bills unpaid.

Remember to insist on a receipt for your deposit or make sure that it is written into your rent book.

Some landlords will allow you use your deposit in lieu of the final month's rent but this is unusual. It is more common to pay your rent as normal for the last month and receive the deposit back when finally moving out.

Make definite arrangements with your landlord well in advance of moving out regarding the refund of your deposit. Don't wait until the day you are leaving to sort it out. Arrange a time when your landlord can come around to your house, preferably when all the tenants are there, to settle any bills etc. and refund your deposit. If you are moving out of your accommodation in late May/early June, contact the landlord at least a few weeks beforehand to sort things out.

### Rent Books

As a tenant you are legally entitled to a rent book. Rent payments should be recorded in the rent book. This saves both confusion and dispute at a later stage. If your landlord issues you with receipts staple them into your rent book in order to have a proper record of your rent payments. Again this will come in useful if there is ever any confusion regarding payment. Make sure that deposits paid are recorded in the rent book.

Your rent book should contain the following information:

- 1) the address of the rented house/apartment/flat
- 2) the name and address of your landlord or her/his agent
- 3) the name of the tenant(s)
- 4) the length of the tenancy
- 5) the amount of rent you pay and how often you pay it e.g. weekly, four weekly or calendar monthly etc. The means by which you pay the rent should be recorded - do you pay in cash, bank draft, standing order etc.?
- 6) other payments such as ESB, telephone etc.
- 7) the amount of deposit paid. It should also mention how and when the deposit is to be returned.
- 8) a statement of fundamental rights and duties of landlord and tenants in relation to the tenancy.

### Rent Increases

If you do not have a fixed term lease your rent can be increased by the landlord as often as s/he likes. For example in relation to a monthly tenancy the landlord must give you one month's notice of the rent increase. The landlord can also increase the rent by as much as they wish and as often as they wish. As stated if you have a lease the rent is set at the rate on the lease and cannot be changes for the duration of the lease though it can be raised immediately if and when you renew or sign a new lease for the property.

Try and negotiate rent increases with your landlord if you can. If not, it is often a good time to ask for repairs to be made. You are entitled Visitors as a tenant living in your own rented home you are entitled to enjoy your home as you wish (within reason of course). Visitors to your home are your business. Overnight guests are also your own business. The exception to this is if you have signed an agreement by which you agree to forgo the right to have visitors in your home.

Exercise your judgement. Also take into account the views of the other tenants. You are entitled to have overnight guests but moving someone in is another thing altogether. Subletting could very well be contravening the terms of your lease.

### Privacy & Landlord Access

You are entitled to the peaceful enjoyment of your home. Your landlord is not entitled to enter your home without your permission. Equally if your landlord constantly

calls around to your home you are under no obligation to invite him/her in. You are paying rent to enjoy your home in privacy. Make sure that landlord access is agreed before you move in. If the landlord wants to make inspections, the frequency of these inspections should be agreed beforehand. If repairs need to be made to the property, the landlord must also agree with you when they are to be carried out. It is usually in your interest to have repairs carried out as quickly as possible.

If the property is up for sale or if there is to be a re-letting your landlord should let you know viewing times in advance. Remember that as you want peace and quiet in your own home so do your neighbours so keep the noise to an acceptable level.

### Notice to Quit

Notice to quit must be in writing and must be served at least four weeks before it is to be effective.

Unless you have a lease or written agreement which states otherwise, your landlord can give you written notice to leave your accommodation at any stage. The minimum notice is never less than four weeks.

If the length of tenancy is not specified and you wish to leave your accommodation, you should also give four weeks written notice to the landlord. If you do not, you risk losing part or all of your deposit.

### Signing A Lease

There are certain things to remember when signing a lease. In general terms these are points to look out for:

#### How long is the term of the lease?

Do not sign a lease for one year if you only intend staying in the accommodation for the academic year. When you sign a lease you are taking on the responsibility of paying rent on the property for the duration of the lease. If you leave before the term of the lease is up you are still liable for the rent unless you have a formal agreement otherwise with your landlord. Check with your landlord if it is possible to have someone take over the lease in the event of you moving out. Very often landlords will agree to this as long as the rent is guaranteed. If your landlord agrees to someone else taking over the lease make sure that your name is taken off the lease and that the new tenant signs the lease.

#### What should I look out for in a lease?

Have a look at things such as landlord access. Do you have a right of access arrangement specified in the lease?

#### Rent A Room Scheme.

It is helpful to let prospective landlords know that if they rent a room in their home there is an element of tax free income involved. If a person rents a room in the house in which they own and are living in, they can earn up to €7,620 without having to pay tax on that income. Try and make homeowners locally aware of this scheme as it could yield extra rooms for you.

#### Landlord Registration

Landlords are obliged to register as such with the local authority. You can ring up your local council to find out if a specific address is registered as a rented property. Landlords are also obliged to pay their rental income.

#### Rent Relief

As a tenant you are entitled to tax relief on a portion of your rent. Contact your local tax office for forms.

## What does it take to be a blood donor?

### Medical Questionnaire

First, you will be asked to fill out a health history and a Donor Attendant will review lifestyle from which with you. All the information you give will be treated with strictest confidence.

### Mini-Health Check

We check your blood pressure and haemoglobin (iron) level to make sure they are within acceptable limits.

#### Interval before Blood Donation accepted

#### 24 Hours

- Uncomplicated Dental filling and Scaling

#### 1 Week

- Cold Sore, Cold, Dental Extraction
- After a course of Antibiotics

#### 2 Weeks

- Contact with infectious diseases (where you have not previously been infected), e.g. Chicken pox, Mumps, Measles, German Measles

#### 6 Months

- Major Surgery

#### 12 Months

- Visit to a Malarial Area
- In contact with Jaundice, Ear piercing, Tattoo
- Acupuncture by Non-Registered Medical Practitioner
- Following Delivery of a Baby or a Blood Transfusion

### Defer Permanently

We must defer permanently persons with a history or risk of some infectious diseases e.g. Jaundice of infectious origin, Malaria, Undiagnosed Neuropsychiatric illness and others. A history of illness where we don't understand the cause e.g. Cancer, Diabetes, Rheumatoid Arthritis, Multiple Sclerosis and others. A history of Epilepsy or Faints, Heart Disease and some medication.

### Donation

Most people donate a unit of blood (just under a pint) in 7-10 minutes.

### What happens after the donation?

After the donation you will be shown to the canteen area to relax and enjoy some refreshments. You can resume your daily routine about 15 minutes after donating. However, if you are involved in a hazardous occupation or hobby, such as operating heavy machinery or mountaineering, you should defer the activity until the next day or sometimes longer. Please check with us so that we can advise you appropriately if this applies to you.

### How often should I donate?

Hospitals and people who need blood transfusions rely on people like you to provide enough blood every day of the year for their needs. You can donate safely every three months.

### Can I catch any disease by donating blood?

There is no chance of contracting ANY disease when giving blood. A new sterile blood pack is used for each donor. No part of it is ever reused.

### How long will it take to replenish the blood given during donation?

Your body replaces the blood volume within 24 hours. Red cells need about four to eight weeks for complete replacement. The average healthy adult has between 8 and 12 pints of blood and can easily spare one.

### Facts about blood

Blood is composed of a mixture of cells suspended in a fluid called plasma.

- Red Cells carry oxygen around the body to the organs and tissues.
- White Cells attack "invaders" such as harmful bacteria and help prevent infection.
- Platelets are small cells that work to form a mesh or "plug" to stop bleeding.
- Plasma is the liquid part of blood. It contains proteins, salts and "clotting factors" that help stop bleeding.

### Frequently Asked Questions

#### I am scared of needles – what should I do?

Many eligible people choose not to be blood donors because of their fear of needles. Millions of people are alive today because others have conquered this apprehension and have donated blood. With our help you can do the same.

#### What happens to my blood after donating?

All donated blood is tested to identify blood group and screened for hepatitis, HIV, HTLV (a virus carried in the blood) and syphilis. Then it can either be used as whole blood for one patient or separated into different components to help several patients. All sorts of people need blood, including people undergoing treatment for cancer and leukaemia, people who lose blood in accidents, some newborn babies and their mothers. These people need blood and without blood donors they would not survive.

#### Did you know that .....

There is no substitute for human blood. It cannot be manufactured and animal blood cannot replace it. Blood donors are the only source of human blood.

One in four of us will receive a transfusion at some point in our lives.

Your one donation of blood can help the recovery of up to three patients in hospital.

Approximately 1,000 Irish people receive blood transfusion every week.

#### The Irish Blood Transfusion Service is providing a Blood Clinic at CIT on the 15th, 16th and 17th of October.

If you have any questions or worries about donating blood call the Irish Blood Transfusion Service Infoline on **1850 731137**, or call into the Students' Union office for more information. Regardless of your blood type, or how often you donate, every pint you give helps to save lives.



## The Sands of Time

A philosophy professor stood before his class and had some items in front of him. When the class began, wordlessly he picked up a large empty mayonnaise jar and proceeded to fill it with rocks. Rocks about 2" in diameter.

He then asked the students if the jar was full? They agreed that it was. So the professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles, of course, rolled into the open areas between the rocks.

He then asked the students again if the jar was full. They agreed it was and laughed. The professor picked up a box of sand and poured it into the jar. Of course, the sand filled up everything else.

"Now," said the professor, "I want you to recognise that this is your life. The rocks are the important things - your family, your partner, your health, your children - things that if everything else was lost and only they remained, your life would still be full. The pebbles are the other things that matter like your job, your house, your car. The sand is everything else. The small stuff."

"If you put the sand into the jar first, there is no room for the pebbles or the rocks. The same goes for your life. If you spend all your time and energy on the small stuff, you will never have room for the things that are important to you. Pay attention to the things that are critical to your happiness. Play with your children. Take time to get medical checkups. Take your partner out dancing. There will always be time to go to work, clean the house, give a dinner party and fix the disposal." "Take care of the rocks first - the things that really matter. Set your priorities. The rest is just sand."

[www.oxygen.ie](http://www.oxygen.ie)







## Korn

Dublin 10-9-2002  
Review by Margaret Carey

Ever since I first assaulted my fragile ears with the ground shaking riffs of Korn all I wanted to do was to see them live. My dream became a reality on Tuesday the 9th of October. Korn came to Dublin for the first time.

**“The ferocity of support from the fans was relentless for the entire night...”**

Support came in the guise of Trust\*Co and Puddle of Mudd, who were, for their part, pretty good, but it was plain to see that everyone in the RDS were there for Korn. The screams and chants for Korn all throughout Puddle of Mudds' set kinda proved that, though I think it pissed them off a little. They had no trouble though in cranking out well known songs like 'she hates me', 'blurry' and 'nobody told me', and in a sea of upraised fingers they left the stage.

After what felt like an eternity there was some movement on stage, but it was only the stagehands bringing out Jonathan Davis's custom made microphone stand. Even this was awarded by a huge roar from the crowd. At this stage I had finally made it to two rows from the front. The lights dimmed, a huge curtain fell to expose a gigantic video screen behind the band and the show began...

Since it was the promotional tour for their new album 'Untouchables' they kicked off with 'here to stay' and the mass of people I had wedged myself in with, erupted into a sea of heaving, sweating bodies. The ferocity of support from the fans was relentless for the entire night, as was the ferocity of the performance. Munky and Heads relentless outpour of downtuned riffage seemed never ending. Even the sight of Jonathan in a skirt did not distract from this event in any way, if anything it took it to another level. Every lyric was sung along with, every riff was marked by a fist or devil sign held high, and the band loved it. All the old favourites were provided such as 'ADIDAS', which was greeted with a deafening roar, 'faget', 'dead bodies everywhere' and 'freak on a leash' as well as material from their new album such as 'hollow life', 'bottled up inside' and 'thoughtless'. 90 minutes was not even close to being long enough to have this band on stage. At one stage Jonathan picked up the Irish flag and held it high over his head, the band looked to love every second of the performance.

All to soon the band finished up and left the stage, but the crowd was having none of it, relentless chants for more and more filled the hot, sweaty air. The strains of a bagpipe filtered through the crowd and all hell broke lose, 'shoots and ladders' was being played, the most twisted variation of a nursery rhyme you ever heard. Jonathan strode on to the stage with his bagpipes under his arm and was quickly followed by David, Fieldy, Munky and Head. This was quickly followed by 'got the life' and as the closing seconds of the song approached 4 cannons showered the entire venue with white and silver confetti. As this artificial storm rained down on me I knew that this was definitely a night to remember.

As I sit here thinking about last week I just stick a CD in my stereo and I'm back there again.

## Bourne Identity Review

by Phil O'Reilly

As THE BOURNE IDENTITY begins, a man who may or may not be Jason Bourne (Matt Damon) is found floating in the Mediterranean Sea and is hauled onto a fishing boat.

When the ship's doctor examines the unconscious castaway, he discovers two bullet wounds and an implanted device that displays a Swiss bank account number. With nothing but this code, the amnesiac Bourne travels to Zurich and gains access to a safe-deposit box containing a gun, thousands of dollars in

various currencies, and valid passports from numerous countries - each listing a different identity. Within minutes, Bourne is on the run from a seemingly ever-present agency, relying on language and fighting skills he didn't even know he possessed.

Offering \$20,000 for a ride to Paris, Bourne gains the reluctant help of the nomadic Marie (Franka Potente). Meanwhile, the shadowy organization, headed by a tough-talking bureaucrat (Chris Cooper), sends numerous assassins (including the Professor, played by Clive Owen) after Bourne and Marie. As their situation grows more perilous, the two strangers struggle to find out who

Bourne really is and why they are being hunted.

All the above sounds great but I left this film feeling something was lacking. The film didn't totally SUCK and it did something unique, it wowed at times without splashy special effects compared to other spy films. The film dragged at times and the ending, which I don't want to ruin for you, was so unbelievable it took from the overall take of the film for me. This is probably one of the better films to see in the cinema at the moment, but then again there is not much to see with very disappointing summer releases so far.

**Rating 3/5**



**DVD : Lord of the Rings**

Released : August 2002

Reviewed by : Colin Noonan

Rating : 4.5 out of 5

What can I say, a marvellous spectacle full of magic splendour as well as buckets of action. This film has absolutely everything a fan could possibly want in a film (okay don't natcha except nudity). The two dvds are packed with extras and features, I still have not seen them all. But the fact is that if you have not read the book or never been interested in this type of fantasy world then it will not quite have the same effect on you as it will on fans.

This film is a true example of what can be achieved in filmmaking when the director has the determination of Peter Jackson. He has created a film that captures Tolkien's fantastic world perfectly. From the hobbit holes all the way to the tower of Orthanc. Maybe if he actually had the One ring then it would have won an Oscar for best picture. Honestly this film stands head and shoulders over any competition including Russel Crowes "A Beautiful Mind". What were the academy thinking? ...

If you are thinking about buying this DVD please bear in mind that there is a four (yes FOUR) disc set being released in November including thirty minute extra added into the film. But if you cannot wait that long then get out and get buying. You will not be disappointed.

## Album Review: Tenacious D

Artist: Tenacious D

Reviewed by : Colin Noonan

Rating 4/5

Jack Black the star of "High fidelity" and "Shallow hal" also is a very talented singer/songwriter and along with a man called Kyle Goss form a band named Tenacious D. Anyone who watches Kerrang on a regular basis will no doubt have seen their video Tribute, a hilarious and incredibly well crafted video. Also starring David Grohl of Foo Fighters fame, who does a lot of drumming and guitar work on the album.

This album is fantastic the first few times you listen to it, but it does not hold up too well in the longevity stakes. After the first week there will only be 3 or 4 songs you will want to come back to. The album is slightly raw as it is apparent that they are still learning and finding their feet. Littered with humorous sketches of the two artists talking and arguing the album is a fantastic debut effort by the pair and stands head and shoulders above a lot of the crap that has somehow found it's way onto the shelves of our local record store (You know who you are Christine).



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## CORK'S PREMIER STUDENT VENUE

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**OPEN UNTIL 2AM TUESDAY, THURSDAY, & SATURDAY**

**WHY PAY FOR A CLUB, WHEN YOU CAN STAY IN THE PUB!**



**Donnacha Coakley**  
Entertainments Officer

Welcome to all the new and old faces, hope you all had a good summer and are ready for an action packed year. For those of you who don't know me, my name is Coakley, Donnacha Coakley and the mission I have accepted is Entertainment. I am this year's Entertainments Officer and during the year I will be involved in the organising of all the CIT Student Union Entertainment events, ranging from Fresher Week to turf cutting competitions!

When I ran for election one of the things I promised is that I would have more on campus activity during lunch times here in CIT. If you have a look through the Entertainment section you will see that there is quiet a bit of activity lined up for Sept-Oct. There is a lot more to come.

If any of you want a hand during the year organising class parties, paintballing, concessions for clubs and a lot more then please call into the SU ents office and ask for Tim (ents mgr) or myself in the SU prefab (pf42) or email us at [suents@cit.ie](mailto:suents@cit.ie)

I hope to meet you all during the year and enjoy Freshers Week.

Donnacha Coakley  
Entertainments Officer  
[suents@cit.ie](mailto:suents@cit.ie)



**COME VISIT OUR LAIR  
TO ORGANISE YOUR PARTIES**

**SECRET EVIL CODE : ENTS HQ @ PF42**

**"THROW ME A FRICKEN BONE!  
ITS THE SU PREFAB OUTSIDE THE MAIN COWDOOR"**

## Freshers Week 2002

22nd - 26th September

By the time this article is being read "Freshers Week" will already have kicked off. Again we have let this publication run to and nearly past its deadline but we are fortunate that our little elves (the printers) like us down here in the rebel county. With a bit of luck and a courier that doesn't have our time keeping skills you should all be reading this by 11.30am on Mon morning 23 Sept 2002. (Fingers crossed)XXXX

Ok you've seen the posters all-round the college advertising what, where and when the events are taking place during Freshers Week. Most are self explanatory but just for the hell of it I will give a quick run through on the main events.

The main day time activity takes place in the West Atrium. Although the morning kicks off with games and other form of light entertainment the main acts go on stage at roughly 1.10 every day Mon-Thur. The caliber of entertainment this year is probably the best day-time activity a fresher's week here in CIT has ever seen.

Have a look on the page over for a schedule of events if you have passed the 20 thousand posters around the corridors. I have given a rough idea what most of the acts will be performing. Just take a look around the entertainment pages and check out some of the entertainment we will have lined up during Sept and Oct.

A little advice for the first years. GET A CLUB HOPPER PASS from the SU main office, located behind the information desk. This pass will cost you €13 and will save you €5 (if you buy the tickets individually) or €8 (if you pay at all the venues). For the €13 you will gain access to all three clubs during Freshers Week.

Tue night of Freshers week will see the launch of "Mecca" at Cubins. A new student night every Tue promoted by CITSU and aimed at all third level colleges. No doubt most of you are sick of the same old clubs so this will be refreshing on a Tue Night. Doors open here at 10.45 and ticket price on the door will be €6 or €5 from the SU office OR cheaper again if you have a HOPPER PASS.

Wed night will see the annual "Uniform Disco" at Redz. Get out any and all uniforms for one last night. Actually hold on to them, you will probably need them for Rag Week (Feb 9th -13th). Doors open here at 10.45 and ticket price on the door will be €6 or €5 from the SU office OR cheaper again if you have a HOPPER PASS.

Thur night and Freshers Week 2002 comes to a close in the Grade Parade Hotel. There will be four Rooms open on the night. Music ranging from Chart, R&B, House and live music with Pat-Fitz and Europe's No 1. Red Hot Chilly Peppers Cover. Freshers Ball always sells out so make sure you get your tickets to avoid disappointment. Again Get a HOPPER PASS to avoid disappointment and ensure you will get to all the GIGS. Doors open 10.30.

REMEMBER: BRING VALID ID to all GIGS. (Must be over 18).

DEFINITELY REMEMBER: You will be studying hard enough pretty soon so enjoy you FRESHERS WEEK.

Donnacha & Tim @ The Students' Union Ents Office.  
(Prefab 42)  
[event@cit.ie](http://event@cit.ie)

# Freshers Week 2002

22nd - 26th September

DAY	DAY-TIME	NIGHT-TIME
<b>SUN</b>	GET YOUR HOPPER PASS ASAP	Party Time @ B-town Promotions @ Outpost
<b>MON</b>	12:30pm Live Music - Pat Fitz 1:30pm Comedy - Karl Spain	Bog the Donkey @ B-town Promotions @ Outpost
<b>TUES</b>	1:05pm Live Music - Blue Moose Party Games with Pat D	Traffic Light Disco @ Cubins Every Tue "MECCA" @ Cubins
<b>WED</b>	1:05pm Comedy - Tommy Tiernan Party Games with Pat D	Uniform Disco @ REDZ Make an effort. ANY UNIFORM!
<b>THUR</b>	1:15pm Ventriloquist - Jimmy Tamely Party Games with Pat D	FRESHERS BALL @ Grand Parade Hotel 4 Venues - 5 Acts a Red Hot Chili Peppers Tribute

## GET YOUR VIP CLUB HOPPER PASS TODAY

		Price @ Venue		Price @ SU Office
Tuesday	Traffic Light @ Cubins	€8		€5
Wednesday	Uniform Disco @ Redz	€6		€5
Thursday	Freshers Ball @ GPH	€9		€8
<b>TOTAL PRICE</b>		<b>€21</b>		<b>€18</b>

**GET A VIP HOPPER PASS ACCESS ALL 3 CLUBS FOR ONLY €13**  
**ALL TICKETS ON SALE AT STUDENTS' UNION OFFICE (C123 - behind Info desk)**

GET YOUR TICKETS & VIP HOPPER PASS ASAP AS LIMITED AMOUNTS PER VENUE. BOOK. VALID ID ESSENTIAL.



## Echo Indiana

Event : Welfare Week  
 Act : Band "Echo Indiana" [www.echoindiana.com](http://www.echoindiana.com)  
 Venue : West Atrium  
 Date : Wed October 16th  
 Time : On Stage 1.05pm - 1.55pm  
 Admission : No Admission Fee.  
 (All Acts are provided free of charge by CIT Students' Union).

Echo Indiana are a 4-piece rock/pop band from Garristown in north county Dublin. Formerly called "Phluid" this band have been going about things the right way before they launch themselves onto the music scene.

Following a successful live session on 2fm's Dave Fanning show, being one of Phantom fm's most requested artists for a number of weeks with their first demo and being finalists in a European band competition (whilst sitting their leaving cert.), the band still felt they were not at their full potential and so they decided to reconstruct their sound and re-emerge as "Echo Indiana".

The 4 members are Ro (vocals, guitar & piano/keys), Jeff (lead guitar & fx), Bob (bass) and Jay (drums & percussion). Ro is the songwriter of the group and with the tender age of 21 his experience has made him musically wise beyond his years. His music sounds at once ancient and shiny new, with an instinct for lifting words and phrases and making them sound like grand discoveries.

Echo Indiana have a wealth of experience on the live circuit playing gigs in Holland, Belgium and Germany as well as some of Ireland's premier venues including The Olympia, Temple Bar Music Centre, Whelans and the Tivoli Theatre. They have developed 3 types of performances; a full rock set, an unplugged set and a toned intimate set (with Ro dominating on piano). For the past 6 months they have been performing on college circuit to receptive audiences as well as supporting the likes of Damien Rice, Aslan, Something Happens and The 4 of us.

Echo Indiana have just finished recording their debut single entitled "Restless". This single proves to the listener that Echo Indiana are quite serious about their music and intend to mark their spot on the music world...

Echo Indiana will perform here in CIT as part of Welfare Week 2002. You can catch them in the West Atrium between 1.05-1.55 on Wed 16th Oct.

Tim Clifford [event@cit.ie](mailto:event@cit.ie)

**Students' Union Games Room**  
**Now Open @ A123**

# Karl Spain



**Event : Freshers Week**  
**Act : Comedian "Karl Spain"**  
**Venue : West Atrium**  
**Date : Monday 23rd Sept**  
**Time : On Stage 1.25pm - 2.00pm**  
**Admission : FREE by CITSU**

NOT many Limerick men could say their life-long ambition is to make people laugh or become a Pretty Polly model.

But for one 28 year old Corbally man, at least one of his dreams have come true.

Karl Spain, a stand up comic, beat off hundreds of other hopefuls to make it through to the famous Edinburgh comedy festival 2002 which attracts the cream of international comedians.

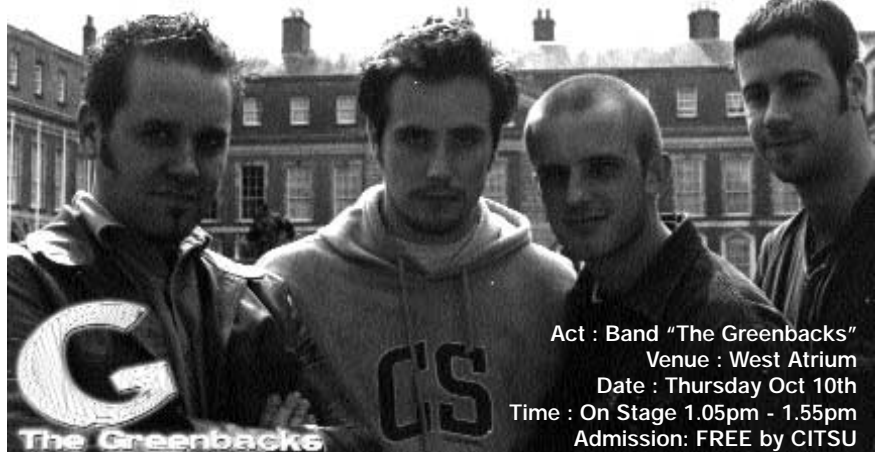
And he's only one of three Irish people who have made it through to the prestigious event.

"I always wanted to do stand-up but never had the guts," Karl said. "And everything's happened so fast! I was absolutely terrified the night I did my first gig at an open comedy night in Dublin last April. But I got a great reaction from the audience and there's a great buzz when you're on stage."

Describing himself as an "avid synchronised swimmer" and a huge Marty Whelan fan, Karl got interested in performing on stage through his TV production diploma course in Coláiste Dhulaigh in Dublin.

Most of his material is Limerick based, featuring the Cranberries, Frank McCourt and "local experiences" including limbo-dancing in O'Connell Street and tap dancing through the People's Park!

**Tim Clifford event@cit.ie**



**Act : Band "The Greenbacks"**  
**Venue : West Atrium**  
**Date : Thursday Oct 10th**  
**Time : On Stage 1.05pm - 1.55pm**  
**Admission: FREE by CITSU**

The Greenbacks first played here roughly 2-3 years ago. We had gone through a bad spell with bands. (How do I put this without offending anyone.....hmmmm..... The bands that played in CIT prior to the greenbacks between Sept-Nov 2000 were of a very very very sub-standard quality. It would be like rating a cork senior team (all Ireland semi-final football) to a Kerry team. Every time they came to CIT they received a great response and this time things will be no different.

Although they haven't played Cork in almost a year, The Greenbacks are no strangers to CIT, having played the colleges' Freshers' and Rag Balls in the past few years. Since that time though the band has gone through a lot of changes, 2 different members and 2 have written off vans ...

The CIT show on the 10th October will be the bands 1st appearance with Seán O'Connor on drums and Dave Patterson taking over guitar as well as fronting the band.

The Greenbacks sound used to be based on atmospheric melodies and sweet sounding guitars, but with the addition of Sean and Dave as writers within the group; the angle has moved to a more energetic, heavier and louder sound. There's a pounding rhythm section topped off with intricate but rough guitars that has given the bands sound a modern dynamic edge.

The bands live show is superb, indie-rock performed at its best ... the shows are expressive from the band while remaining heated, intense and passionate to the audience.

The Greenbacks have recently had their track "lullaby" released on the annual Galway Bay Fm double CD compilation of Irish Artists in aid of The Samaritans and are currently in the studio putting the finishing touches to the writing of their 1st record ... The Greenbacks play CIT on Thursday 10th October @ 1pm.

I asked Diarmuid the Bass Player of the Greenbacks to sum up the band and this is what he wrote. In my personal opinion it is probably the best "unusual" bio a band has forwarded to me in the last 3 years.

**Probably the Best "unusual" Bio a Band EVER!**

The band write fast songs.  
 The band like girls.  
 Sean does not like umbrellas.  
 The band like to play.  
 Girls like the band.  
 The band like this.  
 The band does not get dressed up to go on-stage.  
 The band does not pay taxes.  
 Dave does not like cake???  
 The rest of the band like cake.  
 The band would like to see the end of pop music.  
 The band is willing to negotiate on Kylie.  
 The band has a new drummer  
 Diarmuid does not like waterfalls.  
 The band is not responsible for cars left unattended.  
 The band is new.  
 The band wishes it was sunny.  
 Rob does not like rugby or boy racers.  
 The band has some slow songs.  
 The band like disco.  
 The band does not play disco.  
 Boys like the band too.  
 Boys do not like the band in that way.  
 The band sounds indie.  
 The band is 23ft 9" tall.  
 The band wrote off their van.  
 Twice.  
 The band hope you get something out of their music.  
 The band are from Dublin and Kildare.  
 The band are Dave, Rob, Diarmuid and Sean.  
 The band have lost timmy the dog.  
 The band does not know how to write a press release.  
 The band like West Cork.  
 The band want a life in music.  
 The band is reminiscent of modernistic grunge involving the subtler points of punk blended with motown / blues influenced guitar and folk orientated vocal melodies.  
 Sort of.  
 The band are playing CIT on the 10th October  
 The band hope you enjoy the show.  
 The band hope you buy their record.  
 The band does not have a record.  
 Yet...

**Tim Clifford : event@cit.ie & a KERRYMAN**



**TOMMY TIERNAN PERRIER AWARD WINNER 1998  
BRITISH COMEDY AWARD WINNER 1998/9**

Best Stand Up Within just two years of starting a stand up career, and with his debut solo Edinburgh Festival show, Tommy Tiernan was awarded the prestigious 1998 Perrier Award at the Edinburgh Festival, for his outstanding contribution to comedy, along with the 1998/9 British Comedy Award for 'Best Stand Up'.

There's a certain lyrical beauty to Tommy Tiernan's stand-up.

Whether he's talking in childlike wonder about some ridiculous scene he's witnessed, or more cynically analysing his relationship with his girlfriend and children, this skillful Irishman has an impressive ability to crystallize his keen comic thoughts into the perfect phrase. Funny, memorable, and sometimes even bordering on the literary.

This is clearly a man enraptured by the English language. Not only can he ponder its mind-boggling ridiculousness ('Can anything else boggle,' he asks. 'Do you see dogs boggling?'), but he can also drop in literary allusions from the likes of beat poet Allen Ginsberg without it seeming out of place.

If all this sounds a bit high-faluting, don't be put off. Tiernan is nothing if easy-going. He exudes a natural warm wit and underplayed confidence that makes two hours in his company a delight.

His opening is typically low-key. Announcing himself from offstage, he allows himself to falter in the early stages, as if struggling to get all the observations and gags just right.

# Tommy Tiernan Live

Sponsored by CIT Societies Office

**Event : Freshers Week  
Act : Comedian "Tommy Tiernan"  
Venue :West Atrium  
Date : Wed Sept 25th  
Time : On Stage 1.05pm - 2.20pm+  
Admission : No Admission.  
(All Acts are provided free of charge by Students' Union.)**

An accomplished actor Tiernan can dispense with the mike - a move almost no other comic ever feels confident enough to do, even if playing to a room the size of a broom cupboard.

The Galway-based comic then quickly relaxes into his routine with an inspired piece of silliness about fathers who are shorter than their children.

This first section is hardly touched by political correctness, though, as he talks of nutters and Irish tinkers with unreconstructed - but thankfully pretty funny - glee. It's a little too whimsical at times, and occasionally feels a little light, but Tiernan is ruthlessly adept at dragging you into his world where Catholic Mass is like an underground rave and 400-year-old potato ladies bring dizzying Irish music sessions to a mournful impasse with songs of past tragedies.

The second half, though, is much more personal - and is all the better for it. His side-splitting descriptions of the withdrawal method of contraception and tales of his two children will remain with you long after you have left the atrium.

Then, like the manic Irish ceildh he previously discussed, Tiernan brings his comedy roller-coaster to a halt by mentioning two friends who died of brain hemorrhages, one at an early age.

But this is not the sentimental pathos it threatens to be. Rather, like all the best wakes, it's an enjoyable celebration of all things great about life. A typically uplifting end to an immensely enjoyable show from this skilled master of comedy. Go see.

**Tim Clifford event@cit.ie**



**Event : Freshers Week  
Act : Band "Bluemoose" www.bluemoose.ie  
Venue : West Atrium  
Date : Tuesday September 24th  
Time : On Stage 1.05pm - 1.55pm  
Admission : No Admission. (All Acts are provided free of charge by Students' Union).**

Bluemoose, are an energetic rock outfit that are creating quite a stir all over the country and abroad. Lead singer Tony Ward and bass player Bobby O'Hara were formally members of the band "Big In Sweden" who enjoyed some success. Guitarist, Ollie Dempsey and drummer, Jamie Murphy now join them to form Bluemoose, resulting in one of the best live outfits in the country.

There is something in a Bluemoose show for everyone. The set is kept up-to-date with all the latest chart material, as well as the best, timeless classics. It's energetic and above all entertaining. One prominent Cork venue owner remarked "Bluemoose get a reception here that is generally reserved for original bands, such as Aslan"

Bluemoose are in the regional finals of the O2 New Band Competition. The competition is run over September and October and consists of five regional finals. The winners of each going on to a national final in Vicar Street on Saturday the 12th of Oct. Overall winners will receive a cash prize and a single released by Warner Music.  
**Tim Clifford event@cit.ie**

**EVERY TUESDAY "MECCA" @ CUBINS & THURSDAYS "RAMPAGE" @ CLUB RENAISSANCE**

**OFFICIAL STUDENTS' UNION DISCOS FOR 2002  
CALL TO SU PREFAB TO ORGANISE CLASS PARTY DEALS**



## Jimmy Tamley Ventriloquist

Act : "Jimmy Tamley"

Venue: West Atrium

Date : Thur September 26th

Time : On Stage 1.05pm -1.55pm

Admission : No Admission.

(All Acts are provided free of charge by CIT Students' Union.)

Jimmy Tamley appeared in CIT over 2 years ago for Rag Week. I was a bit skeptical at first how a ventriloquist would go down in front of the masses in the west atrium of CIT. Would his lips move, would he suit a student market, after all I did find his website while I was surfing the net one afternoon. Never the less I said I would chance booking him over the net. I sent through the credit card details, booked flights, talked to him over the phone and we settled on a date. He seemed as nervous as I did on the phone. He had never played to an Irish Student Market before.

The date arrived. I collected him at the airport and we headed for CIT. The Gig started at lunchtime and the atrium was jammed. Hardly anyone, including myself had ever seen a ventriloquist before and this was apparent by the turn out.

The show lasted 50min and without doubt it must have been the funniest 50 min of my life. The crowd agreed because they were calling and screaming for more. I could go into detail but it would only ruin the show. You'll have the chance to see him yourself very soon.

This year Jimmy will bring over 4-5 characters. If you want to be entertained by sheer class I strongly recommend you get your ass on a seat in the west atrium before 1.10 on Thur 26th Sept.  
Tim Clifford [event@cit.ie](mailto:event@cit.ie)



### **JOIN THE VIP GOLDMEMBERS CLUB**

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### FRESHERS WEEK 2002

SUNDAY 22nd

**Budweiser Promotion**

**'Win a TV & PS2'**

**Live Music on Ground Floor**

**with Pat - Fitz**

MONDAY 23rd

**Bog the Donkey Live**

TUESDAY 24th

**County Colours**

**Free Present for all wearing their county colours.**

**Snogging Competition**

**2 x 200 Travel Vouchers**

WEDNESDAY 25th

**Christy Moore Tribute**

THURSDAY 26th

**Class Tour 2002**

**'Win a Mystery Class Tour for your class.'**

**Bus Paid for and 400 spending money**

# Wannabe a Superstar DJ?

In October, a nation-wide search for the next superstar DJ begins - MixitMoto.

Many argue there is no doubt that a pair of decks has replaced the trusty 'electric geetar' as the new choice for making music. MixitMoto will push the boundaries for student DJs giving them a platform to demonstrate that they too can perform to a professional standard.

A panel at each event including high profile DJs Radio One's Lottie and Yousef, Kosheen's Substance and Decoder, Adam F, Plus One and Yoda, as well as other music professionals will judge the competition. Backed by Motorola, the competition is open to anyone with a Student Card. Held at 14 venues across the UK and Ireland, the winner at each heat will then go on the Grand Final to be held at a top London Club to be announced. The lucky lad or lass winning the accolade of 'MixitMoto National Student DJ Champion' will be rewarded with outstanding prizes.

#### Prize for Final Winner

Representation from DJ agency CODA  
£500 to buy equipment

A cameo role in new film 'It's all gone  
Pete Tong'

from producers of 'Human Traffic'  
Opportunity to have featured mix on

film soundtrack and soundtrack album  
Opportunity to mix a cover CD for  
Mixmag

Opportunity to remix a Cornershop  
tune

State of the art Motorola mobile phone

Encompassing every musical genre, MixitMoto is encouraging the use of tricks, samples, effects and showmanship in sets, in a bid to find unique and enterprising new talent. DJs will be

marked on originality, innovation, technical skill and entertaining the crowd.

Wannabe DJs should send mix tapes or CDs (max 20 mins in length) to Tim Clifford, Ent's Mgr or Donnacha Coakley Ents Officer enclosing name, course, contact address, email and phone number. Closing date is October 4th 2002. M/F

The next answer to Pete Tong or Lisa Lashes could be at your college or university!

MixitMoto is the only National Student DJ competition recognised by the National Union of Students (NUS UK) and the Union of Students (USI Ireland).

To find out more about MixitMoto click on [www.motorola.com](http://www.motorola.com) and go to MixitMoto. For enquiries email [mixitmoto@nus-ents.co.uk](mailto:mixitmoto@nus-ents.co.uk)

#### Terms and Conditions of entry

All entries must be sent to MIXITMOTO, NUS Ents, 45 Underwood Street, London, England N1 7LG and must be received by 4th October 2002. Entry is open to UK resident over the age of 18 and in possession of a valid NUS card. No employees or direct family of employees of Motorola, NUS-Ents or MTV may enter either competition. The judge's decision is final. No correspondence will be entered into. Prizes cannot be redeemed for money.

For further information please contact:

Dhungana  
NUS Ents, 45 Underwood Street,  
London, N1 7LG  
T: 020 7490 0946  
F: 020 7490 1026  
E: [shruti@nus-ents.co.uk](mailto:shruti@nus-ents.co.uk)

Closing date is October 1st 2002.



The advertisement for anBróg features a stylized street map in the top left corner showing 'PATRICK STREET', 'OLIVER PLUNKETT ST', 'SEAN PRICE', and 'TUCKER ST'. The main text reads 'bigger better later' and 'student friendly casual dress'. At the bottom, it says 'Late Night Bar 7 Nights A Week No Cover Charge'. The name 'anBróg' is written in a large, bold, serif font. The Motorola logo is visible in the bottom right corner.



THE  
**Outpost**  
BAR & LOUNGE

**FRESHERS  
WEEK 2002**

**SUNDAY**

**Smirnoff Ice Truth or Dare Promotion**

**MONDAY**

**Coors Light Live Music  
starring Pat Fitzgibbon**

**TUESDAY**

**Budweiser Promotion  
Table Quiz with DJ Pat**

**WEDNESDAY**

**Coors Light Karaoke Night with DJ Pat  
WIN A MOUNTAIN BIKE / LIMO RIDE HOME**

**THURSDAY**

**Coors Light Blitz Promotion**

**Looking for great craic, fine drink,  
super music, promotions, prizes,  
friends and tons more?**

**You need to head for *The Outpost*  
in Bishopstown!**

**A cool place for all students, we will  
bring you the best entertainment all  
year round. To get to us simply turn  
right at the main college gates, go to  
the top of the road and turn left, then  
just down the road on the right. Easy!  
Watch for our posters!**

explicit Exclusive



The  
**G**  
Spot

Greetings to all freshers and welcome back to you CIT veterans, My name is G-man and for the year you will see this page with questions, pick up lines and ways to kill famous TV characters galore. So begs the question how do you get involved? Its easy just e-mail me askgman@hotmail.com with all your questions. I started this last year and it was well received. In CIT now we have new blood so I'm looking forward to answering all your questions. This year G-man has kindly being given 3 sections:

1. Q & A with G-man
2. Ways to dispose of famous TV Characters
3. G-mans Special of the Month

For this first edition of Explicit I toured the atrium and asked students for their questions and here are the answers!! Have a great year CIT!

**Q & A with G-man**

**G-man what did we use before toilet paper?**

The oldsters always refer to using pages from a Sears Roebuck or Eaton's catalogue, or pages from old books or newspapers-but that was after paper and printing was cheap. What about before that, or for folks who didn't read? Corncobs. Yes, the cob that corn comes on. Eat the corn and you have a cob that could be dried and hung in an outhouse to be used for cleaning up. Throw it down the hole and it would compost nicely. (This makes catalogue pages seem very hygienic and convenient, not to mention soft!) And when you are camping, leaves seem to be the tip of choice. Just be sure to avoid stinging nettles. In some countries people use nothing but water to clean themselves after going to the bathroom. The left hand is always used for cleaning. That's why in India you must only use your right hand for eating. To do otherwise would be gross and very impolite.

**G-man are the Yellow, Red and Black Seas actually yellow, red and black?**

Actually, two out of three are true to colour. The Yellow Sea between mainland China and Korea is yellow because of a yellow silt deposited by the Yellow River. The Red Sea, which separates northeastern Africa from the Arabian Peninsula, is red because of reddish seaweed in the water. The Black Sea (inland, between Europe and Asia) is quite dark in colour, but it is called that because it is really a stormy place with a dark and nasty character.

**G-man TRIVIA:** The Dead Sea isn't a sea at all, but a lake filled with so much salt that almost nothing can live there.

G-man's  
25 Ways to Dispose of.....  
**BARNEY**



Scene cut from "Jurassic Park" - Velociraptors Devour a Barney

1. Make him watch his own show.
2. Make him gargle broken glass.
3. Get children-sized mannequins and fill them with razor blades. (kinda like the razored apple Halloween trick!)
4. Get him to read "The Canonical List of Blonde Jokes" to a room full of feminists.
5. Send him to Sea World to see Shamu -enough said
6. Drop him from a bridge onto the in-bound lane of the Boston Expressway.
7. Slap some antlers on his head and send him into the woods during November.
8. Move every third molecule 3 feet to the left until he closely resembles Picasso's "Guernica".
9. Nail his feet to his shoulders and use him as the Jamaican bobsled in the 1996 Winter Olympics.
10. Hollow him out and fill him with Bac-o-bits, use as Swiss Colony store display model.
11. Cryogenically freeze him, then cut out shamrock shaped pieces of his body, dye green, and use as lapel pins for St. Patrick's Day.
12. Shoot him.
13. "Barney, I would like you to meet Dr. Kevorkian...."
14. Let him be a guest on Geraldo...let the one armed, Vietnamese, lesbian, bigamist rip his arms off.
15. Donate his body to science...early
16. Well, just call my cousins Guido and Vinnie and tell

- them that you kinda placed €200 in a bag under the rock in the park...mention the fact that you would \_love\_ to have Barney's knee-caps as conversation pieces.
17. Ask the owl in the tree, "How many layers of skin does it take to get to the middle of a Barney?" Peel off layers of skin one at a time.
18. Get him to show kids how to make and set off pipe bombs.
19. Have him magically turn the classroom into a vacuum ... watch his body explode.
20. Strip off his flesh, bury the bones in your back yard, and then dig them up, a piece at a time, selling them to your nearest natural history museum. A complete dinosaur skeleton would be worth a fortune! Death to Barney for fun AND profit!
21. Put him in Straight-Jacket (really tough & leathery).
22. Put him in one of those inflated bounce amusement park things for a year or so...
23. Prepare him as food in any number of ways (deep fried and breaded is my personal favourite) then grind up his bones for fertilizer. Sell food to an enemy. Watch enemy become Barney. Then repeat the process as many times as you like...
24. Sew his lips to his rectum.
25. Take him into space and put him into a decaying orbit.

G-man's Special of the Month  
**Things you better know before going to College**

**"Before I came to college I wish I had known..."**

1. That it didn't matter how late I scheduled my first class, I'd sleep right through it.
2. That I could change so much and barely realise it.
3. That you can love a lot of people in a lot of different ways.
4. That college kids throw airplanes too.
5. That if you wear polyester everyone will ask you why

- you're so dressed up.
6. That every clock on campus shows a different time.
  7. That if you were smart in secondary school--so what?
  8. That I would go to a party the night before a final.
  9. That chem labs require more time than all my classes put together.
  10. That you can know everything and fail a test.
  11. That you can know nothing and ace a test.
  12. That I could get used to almost anything I found out about my roommate.
  13. That home is a great place to visit.
  14. That most of my education would be obtained outside of my classes.
  15. That friendship is more than getting drunk together.
  16. That I would be one of those people my parents

- warned me about.
17. That free food served until 10:00 is gone by 9:50.
  18. That Sunday is a figment of the world's imagination.
  19. That Psychology is really Biology,
  20. That Biology is really Chemistry, That Chemistry is really Physics, and Physics is really Math.
  21. That my parents would become so much smarter in the last few years.
  22. That it's possible to be alone even when you are surrounded by friends
  23. That friends are what makes CIT worthwhile!!

# Word Search Competition

sponsored by CIT Societies Office



- SOCIETIES
- OFFICE
- MERVYN
- INSTITUTE
- TECHNOLOGY
- ELECTRONICS
- BUSINESS
- GUILD
- JOURNALISM
- PHOTOGRAPHIC
- CONSTRUCTION
- STUDENTS
- UNION
- EXPLICIT
- CHAPLAINCY

**PRIZE THIS MONTH : €30**

NAME: .....

PHONE: .....

EMAIL: .....

COMPETITION CLOSSES 5PM MONDAY 30th SEPT 2002. PLEASE RETURN TO STUDENTS UNION PUBLICATIONS OFFICE (PF42 OUTSIDE MAIN CORRIDOR) ALL ENTRIES MUST BE ON OFFICIAL FORM.

**GOOD LUCK!**

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