

explicit

CIT Students' Union Magazine
Issue Five - Volume Four

2000+ Students
March in Anger

Ragweek 2003
Details Inside

DEATH OF EDUCATION?

Terrible Truths
of Drink & Driving

Society Ball
Pictures Inside

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expliCIT

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WE NEED YOU!

If you would like to get involved writing for expliCIT please contact Philip or Colin in the SU office or email: explicit@citsu.ie

expliCIT Editorial



Loyal
Kerry
Supporters

Well being from cork I could not help but have a dig at those poor Kerry anima... sorry Tim, I mean loyal supporters. Don't get me wrong I have plenty of friends from Kerry... I just don't like them. So when their own lord and master, the great Paidi said what all Cork people have been thinking for years. I asked the local office Kerry people Tim and Donnacha about their thoughts on the matter but the ensuing argument resulted in a trip to the college doctor, a rabies shot and thirteen stitches. Laugh you may reader but there is nothing funny about an enraged Kerry farmer.

But on a more serious note, just before I wrote this the students of C.I.T. headed towards city centre armed with only their strong wills and a few scathing placards. The turnout was amazing and I would like to thank everyone involved for their support. Turn to page 3, 4, 5 and yes 6 for pictures of this great event.

Well as you know Rag week is fast approaching along with the usual mix of mayhem, mischief and a double vodka. Entertainment will be freely available all week in the Atrium, but more on that later in the magazine. All the info you need for the week is in this very magazine. Due to all the rag week info you might have noticed that expliCIT is slightly bigger this issue, and you know what they say about an editor and the size of his issue..... Ahem.

Valentines day is fast approaching for those of us who are "lucky" enough to have a girlfriend/boyfriend dragging with it the usual headaches of trying to figure out what to buy that special someone. The old reliables flowers and chocolates always do the trick assuming that people still have money left over from rag week.

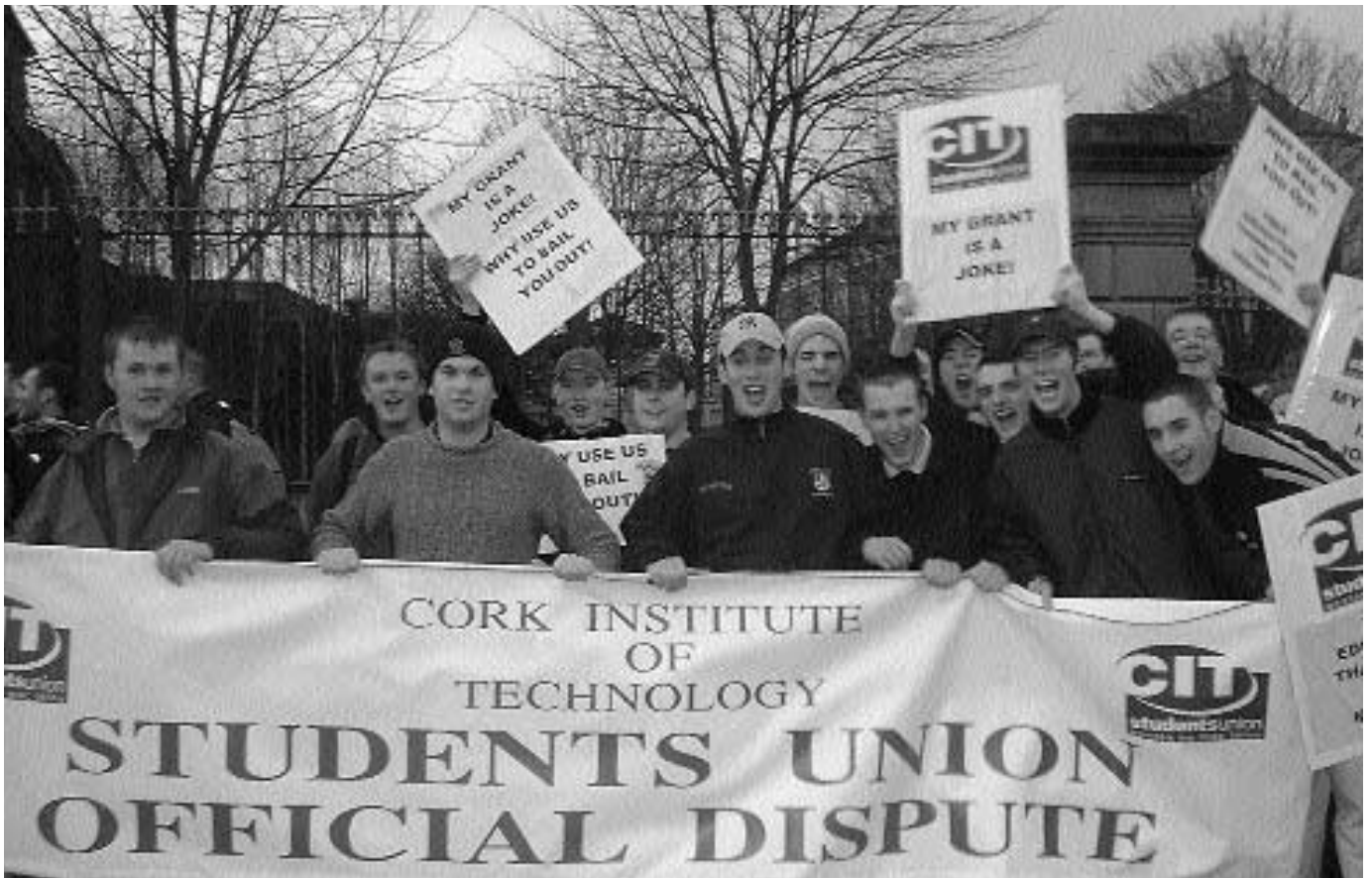
Lastly I just want to tell all of you to be careful during rag week. Apart from the risks of drug rape you all know the dangers of excess drinking and no one wants to see anyone being taken away in an ambulance.

Take it easy.

Colin "A pack of F****G animals" Noonan

Disclaimer: The views expressed in this editorial about Kerry people are not necessarily the views of the Students Union. (Except the animal thing we all know that's true)

Death of Free Education



Cork IT students feel very uneasy with the recent increase in the registration fee and believe it is the first step to bringing back fees full stop.

On Tuesday 28 January Cork IT Students' Union held a march through the streets of Cork in protest against the re-introduction of fees. The March commenced at 11.30am from the gates of Cork Institute of Technology and ended outside City Hall at approximately 1.30pm. The theme of the march was titled the 'Death of Education'. To highlight this point students carried a coffin from the gates of Cork IT to City Hall where a guard of honour was formed and the coffin placed outside City Hall. The Students gathered outside City Hall and released 670 Black Balloons signifying the death of free education as €670 represents the registration fee paid by students this year. A number of Speakers addressed the students outside City Hall including CITSU President, Gearóid Hogan.

CITSU President, Gearóid Hogan, stated "This march is

the latest in a string of student protests that began in July and have showed the country that the student movement is still alive in Ireland and that the public can still stand up to the Government spin doctors through lobbying and direct action.

Minister Dempsey came into office pledging the best to the education world, but all he has succeeded in doing is to put at jeopardy the academic future of thousands of young people whose families have been crippled by the increase in the college registration fee and the constant threat of the re-introduction of tuition fees. I would hate to see a two tier society of those who can pay for education and those who cannot. Everybody has the right to education.

Mr. Dempsey is covertly opening the infamous "back door" to the old college fees system and also slipped the news out in the middle of last summer when many of CIT students it effected were unavailable to respond. This is a sickening insult to them and their families. The stu-

dents voice is continuously being ignored by our government but on Tuesday 28 January our voice did not go unnoticed.

While the Government deliberate on the issue of tuition fees, all evidence points to the fact that many students cannot afford to attend college at the moment, even with free fees. While the march was the biggest demonstration yet of the academic year, it is certainly not the last. We will resist the plague of fees through direct action and lobbying."

The Students' Union intend to take additional action on this issue in order to uphold the educational opportunities of not only CIT students but of all students in third level colleges.

Dempsey & Crew

PICTURES ARE LOU



"We will not go quietly into the night...we will not vanish with

Look at This..... ORDER THAN WORDS!



hout a fight! We're going to live on! We're going to survive!"

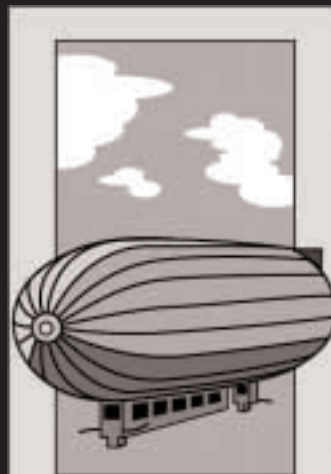
Quoted from the Movie: Independence Day

March Pictures cont...



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Rabbitte Pledges Total Opposition to Reintroduction of Third Level Fees

On a recent visit to Cork IT Leader of the Labour Party, Pat Rabbitte TD, reiterated his party's total opposition to the reintroduction of third level fees to Cork IT Students' Union. Deputy Rabbitte predicted that within twelve months, unless the Government was made aware of the depth of public hostility to the move, the minimum charge likely to be levied on a third level student would break the €1,000 barrier.

"When Labour abolished third level fees," Deputy Rabbitte said, "it was for a very specific reason. We are committed to ensuring the highest possible level of access to third level education, and determined to ensure that there is no going back on that commitment. It was always going to take some years for the abolition of fees to have an effect, and the worst possible thing to do now would be to roll back the policy."

"Whatever arguments there may have been at the time of their abolition in the mid 1990s regarding the optimum use of the available financial resources, the decision was made, it has proven to be a good decision, and it would be ludicrous for Minister Dempsey to try to turn the clock back by reintroducing an outdated and penal system of third level fees," stated Deputy Rabbitte

"The problem of access starts at a much earlier age than 17 or 18 and so, it does take time for the free fees initiative to achieve its full effect. From this point of view, it also requires significant and intensive interventions in primary and secondary education as well if free fees are to work to fullest effect. Trees do take time to grow to maturity," said Deputy Rabbitte.

He added, "Indeed the whole approach of the government to educational disadvantage must be called into

question by its treatment of the National Education Welfare Board. This Board was established last July under the Educational (Welfare) Act, 2000 and given responsibility for school attendance matters throughout the country. It is clearly a vitally important area as repeated truancy in a direct route to disadvantage and early exit from the education system."

"Considerable work has been put into getting the new service up and running but now the government has cut its allocation from €13m to just €3.2m, which means that it will not be able to provide anything like the level of service required," argued Deputy Rabbitte

"Third level education must be seen as a right, just as much as it must be seen as an investment in the future of the country", said Deputy Rabbitte.

"Our society is enriched in many ways, some of them perhaps difficult if not impossible to measure, by the existence within the population of a large and growing cohort of graduates. The economy gains in that Ireland's attractiveness to foreign investment is increased and indeed the capacity of domestic industry to compete and develop is also enhanced through the effect of investment in third level education on the stock of human capital. The exchequer gains through the increased tax yield - whether income tax or indirect taxes - compared with what it would otherwise be if, for example, we had no graduates at all. The exchequer also gains on the spending side through for example, income supports, unemployment benefit payouts and so on being less than they would otherwise be", claimed Deputy Rabbitte.

He added, "It may well be, in fact, that if we are to ben-

efit from the highest participation in third level education, we need to go further than free fees. We may need to support students in other ways. What we cannot and should not do is to decide to dress up the search for quick and easy savings in the language of equity. That is what the present Government is trying to do, and we will oppose them every step of the way."

CITSU President, Gearóid Hogan, said "I was delighted to have met with Mr. Rabbitte and it was great to hear his total opposition to the reintroduction of third level fees. I was encouraged to hear that the Labour party have a policy of raising student grants to the basic social welfare rate and that they believe in a review in the third level grants system. I believe that the student grant system in Ireland needs dramatic review, it is outdated and does not cater for unusual circumstances. Mr. Rabbitte spoke to me about a 'Grants Appeals Board' to deal with such circumstances and I think this would be a positive step in ensuring equality for all third level students. There are many hidden costs of attending college and by reintroducing third level fees it only adds to hindering students from disadvantaged backgrounds. I spoke to Mr. Rabbitte about the 'academic snobbery' which exists in Ireland today. I urged him to ask the government to draw up legislation, which would give effect to the constitutional amendment passed by the electorate in 1979. Mr. Rabbitte assured me that a parliamentary question would be coming from him to the government in the Dáil."

New to CITSU Online
www.citsu.com/boards
Your Online Discussion Forum

SAFETY AWARENESS WEEK 2003



L-R: Barry Collins (Senior Executive Fire Officer), Abraham Fharr (Fire Brigade Officer Carrigaline), Donal Dempsey, Gearóid Hogan, John Kelleher, Jenny Ni Mhurchu, Margaret Carey, Kieran O'Donovan (Senior Executive Fire Officer).

On January 20-22 Cork IT Students' Union held a Safety Awareness Week. The main aim of the week was to make students more aware of the dangers associated with driving. The Students' Union decided to cover more than just driving and drew attention to the dangers associated with drinking and living away from home as well. Pedestrians account for One in Five killed on roads so the awareness campaign also highlighted dangers faced by pedestrians.

Activities of the week included, the distribution of posters and flyers disseminating road safety information and a number of demonstrations took place, most pertinent of these was a Road Traffic Accident (RTA) demonstration which was held on January 21 at 1.00pm in the library forecourt. The demonstration involved the Fire Brigade rescuing trapped people from a car. There are far too many road deaths in Ireland and the sad thing is a lot of accidents could have been prevented with some care.

CITSU President, Gearóid Hogan, stated that " Through this Safety Awareness Week I want to encourage a greater sense of responsibility amongst students. I want motorists and pedestrians alike to have their 'Eyes Wide Open' to the added dangers. Last year over four hundred people were killed on the roads of Ireland, it is a sad reflection on society that in a small country like Ireland we manage to kill so many road users in a single year. Our road users are entitled to safety on the roads and it is the responsibility of every member of our society to ensure that they get it. It is your responsibility and mine as we enter a New Year to behave safely on the roads, whether as a driver, passenger, motorcyclist, cyclist or pedestrian. Safe behaviour will result in a drastic reduction in the number of people killed and injured on our roads. It is your responsibility - 2003 depends on you. Road deaths and serious injuries are viewed by many as an inevitable consequence of modern living. They are referred to as accidents. They should be regarded neither as inevitable nor as accidents. Around 95% of all road collisions are caused by human error. They therefore can, and must, be prevented."

Proposed Reintroduction of Fees in Ireland

With the proposal of reintroducing fees into Irish colleges there has been an uproar in response, from students and parents alike. The predominant argument is that should fees be reinstated the possibility of being able to fill even one lecture hall with eligible students is a distinct improbability. The reality is that it would just not be feasible for the majority of people to attend third level institutions.

The prospect of a reinstatement of fees would be for many, a case of facing years of considerable debt and anxiety, coupled with the ever-present worry of accommodation and living expenses. For those receiving grants whilst living away from home, it is already a struggle due to the fact that, as admitted by Dr Mary Meany the new chairperson of the Council of Directors of the Institutes of Technology "It's not realistic to think people can live on what money is available."

For those who live on grants, many also have to gain employment in order to meet the demands imposed on them by the expense of attending college whilst living in student accommodation. It is overwhelmingly clear that

should fees be reintroduced, students would face the fate of other countries, huge financial debt coupled with the prospect of leaving in the middle of a semester due to monetary issues.

Irish students benefit from the rare opportunity of not paying to attend third level education, and it has been a major influence on the amount of people who have been able to gain an education that otherwise would not have been open to them. The option introduced by Dr Meany for those who can afford to, having to pay, would realistically be an improbable prospect. It could be argued that this suggestion has subtle socialist aspects, and would be viewed as unfair treatment, in the light of the grants situation. Those who can't afford to pay, being given financial aid, while those who can afford to attend, not only not receiving aid but also having to pay fees.

To reintroduce college fees would be a huge step backward, the importance of an education being impressed on secondary school students whilst also paralleled by the financial improbability of attending. The level of competition to attend third level institutions would increase,

and whilst it could be argued that this would lead to many students taking the college experience more seriously it would also deprive much of the population of further education.

In order to feasibly reinstate fees there would have to also be, the huge scholarship and grants prospects, which other countries offer. Dr Meany is correct that not enough people are capable of availing of the prospect of third level education as it is, and should fees return then there would be considerably less attending. It can be argued that if fees are introduced they should go to the payment of scholarships and grants for those who are eligible in every way but not financially, however as many students and prospective students alike are hoping, this situation will not become an issue.

By Linzi Mc Glennon, UCC
www.campus.ie

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Talks from RecruitOz, Oz/Kiwi Experience,
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CIT Students' Union PRESIDENT



On Tuesday 28 January I was proud to march with CIT Students' through the streets of Cork in protest against the re-introduction of fees. There are many hidden costs of attending college and by reintroducing third level fees it only adds to hindering students from disadvantaged backgrounds. The March supported by over 2,000 students commenced at 11.00am from the gates of Cork Institute of Technology and ended up outside City Hall. The march was step three in CITSU 'three step approach against the fees and was by far the biggest march CIT has ever seen. This action was a response to the long-term effects of the current educational policies/plans of our Government. It must be noted that Union action was only taken when absolutely necessary. The march was preceded by a letter campaign

whereby thousands of letters were sent to the Minister for Education Noel Dempsey from CIT students and parents communicating their disgust with the hike in registration fees and the covert attempts to reintroduce third level fees. We must continue on this campaign to fight against inequities in our socio-economic status and to force Government Officials to make us part of their consultative process.

I also very much appreciate the support given to the Union throughout our road safety campaign, special thanks to the Department of Transport and Automobile Engineering and to the Fire Brigade. It is my hope that students' consciousness of road safety has been elevated. Don't forget to check out this editions articles on Road Safety and related issues. Don't forget to watch out for Disabilities Awareness Day coming up shortly.

I hope all of you enjoy and participate in Rag Week and that we manage, in true CIT fashion, to make substantial contributions to charitable organisations.

Thanks for all your support,
Gearóid Hogan



VICE PRESIDENT EDUCATION

Well isn't the year speeding by. Its already February and some courses have their final exams already completed with others facing tough exams in the near future. For most, thankfully, it time to kick back and enjoy a good old fashioned C.I.T. Ragweek before the notes are photocopied and the study schedules are dusted off and used again. I know I usually harp on about studying and being prepared (with good reason), but hopefully you can also make time to enjoy Rag Week this year. A bit of a laugh is part of the college experience as well. As long as you're responsible in what you do its possible to have a good time during Ragweek. Just make sure you don't miss that all important assessment or lecture that's worth 10% of the years work for it and you should be fine.

On the education front there is a lot going on. The college is looking at the Bologna declara-

tion still trying to decide what it may mean for the structure of its courses and the ladder structure. The appeals system seems to need work yet again, as the state of affairs with this year's operation seems wholly inadequate in regards to the time it takes to process appeals.

Anyway enjoy Ragweek and if you have problems you think I can help with, don't hesitate to call in.



VICE PRESIDENT WELFARE

Phil, what are you like? I just wrote one of these for you last week, and you want another already!!

Well here I go.

The month is now February, spring is in the air and the days are getting bright.

Nah...it's more like...

Project deadlines are approaching, exams are drawing closer and notes are missing.

If you find yourself getting stressed at the thoughts of fitting it all into your schedule, along with RAG week, and the balls, and the Fees Protest just take a five-minute break, get a cup of coffee (decaf would be better at this stage) and prioritise. Make a list of what has to be done and then decide what things on the list are most important for you to do, and if you feel yourself getting wound up at any stage close your eyes for a moment, take a deep breath and call into my office. Coffee and a chat can solve a lot of small problems, and when the small problems are out of the way then the bigger ones don't seem so bad. Drop in soon.



Equality Officer

A Chairde.

I hope that everyone learned something from a successful Safety Week. Please remember that the safety leaflets are still available in the Welfare Stand in the main corridor and also in the Welfare Office. I would like to thank everyone who gave both Gearóid and I assistance in organising the week and a special thank you to the Dept of Automobile and Transportation for their kind support.

Tá suil agam go raibh an-chuid d'fhoghlaimtha le linn Seachtaine Sabhalaithe. Ná dhean dearmad go bhfuil an eolas fós le fhail san Oifig Leasa agus sa príomh pasaiste. Ba mhaith liom mhór bhuíochas a gabhail go gach éinne a thug cabhair do Gearóid agus mé féin, go mórmhór leis an roinn Automobile and Transportation

Slán go Fhoil
Jenny



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CORK'S PREMIER STUDENT VENUE

CIT Ragweek 2003

Monday 10th Feb

Monday Night Madness
Huge Giveaways All Night
Big Bud Promos

Tuesdays 11th Feb

Party Sounds with DJ Stormon Norman
Big Bud Promos
Lots of Spot Prizes & Party Games
Win a Picture Phone worth €600
OPEN UNTIL 2AM

Wednesday 12th Feb

Krazee Karaoke Competition with DJ Freaky
Fergal
Male & Female Arm Wrestling
Big Bud Promos
OPEN UNTIL 2AM

Thursday 13th Feb

Biggest & Wildest Wet T-Shirt Competition with
DJ Anthony Flemming
Big Bud Blow Out Promos
Official Pre Ball Party
Prizes for Best Fancy Dress
OPEN UNTIL 2AM

GOAT RAGWEEK

OPEN UNTIL 2AM TUESDAY, THURSDAY, & SATURDAY

WHY PAY FOR A CLUB, WHEN YOU CAN STAY IN THE PUB!

Ragweek 2003

Raise And Give



CIE Childrens Project: Romanian Orphanage 2001

A most apt acronym and CIT Students have raised substantial funding for various charitable organisations and causes over the past three decades. Below is an account of the various recipients of Rag Week funding for the past two year.

Rag Week 2001	€
CIE, Childrens Project	5078.95
Cork Aids Alliance	1269.74
CARI Foundation, Limerick	1269.74
Gorta	1269.74
PACE - Passage	3174.35
CASA - Turners Cross	634.87
Childrens Med. Research Found.	634.87
Enable Irl. Lavanagh Centre	634.87
The Childrens Trust	1269.74
ISPC	1269.74
Erin O'Connor-Benefit	457.11
Threshold	1269.74
Total	€18233.86

Rag Week 2002	€
Cork Aids Alliance	1000.00
Irish Cancer Society	1000.00
Cuisele Charity Assoc	1000.00
MS Society of Ireland	1000.00
Enable Ireland Cork	3020.00
Diabetes Fed. of Ireland	1000.00
Aidan C O'Sullivan Trust Fund	5000.00
Total	€13020.00

This year we hope to continue to raise as much money as possible for charity and all you have to do is participate and enjoy the events on offer. Its a win-win situation!

Hypnotist

Adrian Knight



Free Gig
12.30 – 2.30

www.adrianknight.com

Adrian Knight is a master Hypnotist, popular in the USA as well as his native Ireland. He combines a unique blend of outrageous humour and his witty, mischievous style of delivery make him one of the best in the business.

He is a "Hip" Hypnotist! Adrian travels world wide presenting the funniest audience - participation live comedy stage hypnosis in Ireland.

He performs at major venues around Ireland and the UK - festivals, fairs, corporate events and conventions. He performed at the world famous Mirage Hotel Las Vegas in 2001 - and will return as part of his 2002/2003 Spring Tour.

He offers superb quality, value and showmanship in entertainment. Adrian has a unique talent and gift of magic and suggestion - a legacy he inherited from his forefathers.

He is a master of his craft and has perfected the artistry of hypnosis with 10 years in the business.

His captivating shows will leave you begging for more as his subjects' minds are given a license to perform. Come and see for yourself the magic of the mind. Adrian is available to entertain you!

Sponsored by

CIT Societies Office

Ragweek 2003

Rag Fest 2003 incorporating CITSU Tramps Ball.

Rag Fest by Donnacha Coakley
Mardyke Entertainment Complex & Brunos.
One Festival under one Roof.
Thur 13th Feb
Tickets available from CIT Students' Union Main Office
Doors open @pm
Ticket €7.

The biggest event of the week will be the Thur night Festival @ the Mardyke Entertainment Complex. Every year there is a Tramps Ball (totally informal, usual fancy dress) that takes place on the Thur night of Rag Week. This year it is called "Rag Fest". Rag Fest will incorporate the Tramps Ball but offer a whole load more than just a dance floor with a few lights. The venue is the Mardyke Entertainment Complex. Yes I know what your saying, "The place with the pool tables" next to Brunos. The thing is that on the night in question there will be no pool tables. Not a single one. All the pool tables are going to be dismantled and put into storage for one night only. When this is done it will leave way for the largest dance area in Cork CITY. The Festival will kick off at 9.00 pm and you will be asked to vacate the building at 2.30am. one Festival under one Roof.

There will be four different rooms with music for all tastes. Room 1 "Rag Fest -Central" will play host to the best band to set foot in CIT "Big Generator". Big Generator is the cream of the crop and when they played before Aslan in Dublin recently 90% crowd agreed that Big Generator out-staged Aslan. Big Generator will go on stage in Rag Fest Central @ 9.30 pm sharp.

Room 2 "Rag Fest – Green" will have none other than Liam Byrne, our favourite Christy Moore Tribute. Liam will also be playing on stage in CIT on the Mon of Rag Week. Liam last played in CIT on Thur Nov 14th. He went on stage in the west atrium at 12.50 pm and at 2.50 pm there was still 600 students clapping and singing. As Christy Moore has a massive following throughout the island of Ireland it is no wonder Liam is so popular. Christy Moore Tribute will be going on stage at 9.30 pm DJ Trevor Fitz will kick out a few tunes when Christy finishes at 11.30 pm.

Room 3 "Rag Fest – Underground" The main dance area will have DJ Pat-D hammering out the tunes. No matter what your taste in music you'll find something in the Underground. For one night only a special sound and lighting rig have been imported. A festival is not a festival unless it has good sound and lighting and fear not you will get what you deserve. Quality.

Room 4 "Rag Fest – Love Lounge". It would not be the same if we did not have a room dedicated to all the lovers in our collage. After all this is Valentines Week. Upstairs in the Mardyke Complex there will be a tailor made love lounge. Colm Kenefick (one of our own from CIT) will be banging our all those R&B, Hip hop tunes. For that touch of class we in the Students' Union have hired in some lush couches to comfort all our lovers for the night. Don't worry there will still be enough space to get down and dirty. (I mean dancing).

Extra, Extra, Read All about it.
Not only will CITSU Rag Fest Play host to 4 different Rooms of Music with 5 different acts but they have

also imported the Festival Bar for the night. If you have not seen this bar then it's worth a call. The bar men are world renowned for there cocktail traits.

A festival is not a festival without a host of ingredients. None more so than food. CITSU Rag Fest has hired in a hot dog stand, a popcorn machine and a candyfloss machine to take care of the food starved students among you. These stalls will be spread out over the Festival rooms so if you want to find them then go exploring.

Here are a few tips to make your Rag Festival experience an enjoyable one.

Purchase your ticket from CITSU Main office before the event. You can skip the Q if you have your ticket. The ticket will cost more at the event. Ticket Price 7

Everyone will need to avail of the toilets so here is your guide to the Rag Fest Toilet layout. (1) There is a set of toilets m/f up stairs near the Rag Fest love lounge. (2) There is a set down stairs in Rag Fest Green (Brunos) (3) this is the best kept secret. There is a set of toilets at the other end of Rag Fest Green, under the arches. Its dark in there but look over at the right hand side – no Q here eh!

Put your coat in the Cloak Room and avoid loss.

If you can't get served fast in one bar then there are 5 more to choose from.

Move around the venue.

Daytime Ragweek 2003 Events at CIT Feb 10th - Feb 13th

Monday:

11:30 music with pat d
12:00 party games
12:30 stage one of the Outpost Bar Triathlon Banana Relay
01:00 Liam Byrne
02:30 wind down party games

Tuesday:

11:30 music with Pat d
12:00 start of Big Brother Comp in assoc with Business studies soc
12:05 BB first challenge "milk rally"
12:20 stage two the Outpost triathlon Tug of war, bring your own sleeping bags!
12:35 BB second challenge Treasure hunt
12:50 Hoggies "burger challenge "
01:05 You're a star with MC Hector
02:05 BB third challenge Dominos Pizza eating comp and final winner

Wednesday:

11:30 music with pat d
12:00 mystery Food comp by Yeohan
12:15 hairy legs and arse comp assoc sports office
12:30 stage three the Outpost Bar triathlon (tbc)
12:45 Charity Head Shaving assoc bladez
01:00 MS Murphy promo
01:05 the wilful
02:15 slave auction

Thursday:

11:30 music with pat d
12:00 party games
12:30 blind date assoc marine soc
12:50 Adrian Knight Hypnotist
03:00 finish

Ragweek 2003

FRANK & WALTERS LIVE



Savoy
Tue 11th Feb

Tickets available from CITSU Main office €5
Doors 9pm followed by One Massive Club
Night

'It crawled from the south, six legs, ten strings, two brothers and one enormous racket. The Frank and Walters first made their intentions known roundabout Cork city, Ireland, taking their inspirations in part from the town's assorted weirdoes, cider-frenzied summers in the public parks and the classic sixties-pop their parents played them on primal, one-in-one record-players.

Now, eleven years after their first national review in hot press magazine The Frank and Walters are the buzzed-up sound of tomorrow's chart show today, and they're dropping you a reminder of just how long, strange and damned good the entire trip has been.

13 tracks are gathered here from a career that's been there, done that and repeatedly re-plugged the jukebox. But is it really ten years since the NME decided that 'this is not a song' was worthy of a front cover? And where have we been since then?

For the record, literally, we line out as follows.... one truly bona fide chart-hit ['After All'], another that bizarrely got lost on its way ['This is Not a Song'] and a slew of nearly-weres and almost-there's, like 'Underground', a zippy synth-pop postcard from the band's fourth LP 'Glass'. 'Tony Cochrane', a softly strummed poem to a home-town vagrant, rescued from the second major label album, 'The Grand Parade' and 'Plenty Times', the lead track on LP3, 'Beauty Becomes More Than Life' and proof [if proof were needed] that while bad hair and purple flares come and go with the weather, the best pop songs are born, not made.

Four albums into their career and The Frank and Walters are still resolute. Still content to dispatch [ir]regular memos that forever stretch and pull singer Paul's upper registers. Happy to let the songs drive the wagons, happy that some things never change. No idle boasts and no hallelujahs, nothing to unduly trouble the chart-compilers.



Hair We Go, Hair We Go, Hair We Go....

By Tim Clifford

This year the Wed of Rag week will host a head shaving competition. For years there has been no problem finding the males among you to shave their heads but to find a woman volunteer is as rare as picking the winning numbers in the lotto. I have been in this college going on nine years and I cannot remember any girl who had the balls (pardon the phrase) to shave her head.

This year is DIFFERENT. We have a volunteer. Yes a VOLUNTEER. No one has been forced or blackmailed into this act. Olivia Roche, the lady in question hails all the way from the G Block and is a third year student in the Department of Social & General Studies, studying Social Care.

When I first heard that one of our female students had come forward for this event I was sceptical. I expected to meet a girl with short hair. How wrong I was. As you can see from the photo Olivia's hair is far from short.

And, And, And, it gets more interesting. On the Wednesday DAY Olivia will only be shaving half of her head. The Bishopstown Bar are having their annual Rag week shaving competition on that Wednesday NIGHT and have sponsored Olivia €150 to shave the other half of her head up in the bar. (Let me spell it out, Olivia has to walk around with half a head shaved for roughly 10 hours).

"The ingenuity and selflessness of the modern student never ceases to amaze me. I congratulate Olivia on her initiative and courage and wish her the very best with her endeavours." Damien Courtney the Dept. Head of Social and General Studies commented. "I hope that people will appreciate her efforts and that her dedicated charities will benefit accordingly," he further added.

By time you read this 3 of the college balls will have come and gone. Olivia has been given permission by the Societies office (good boy Mervin) to collect a few euros at these Balls. I hope you put your hand in your pocket and gave a few Euros because this writer certainly has.

The charities Olivia is donating her Rag Week cash to are:
The Irish Cancer Society and The National Council for the Blind.

Ragweek 2003

Christy Moore Tribute



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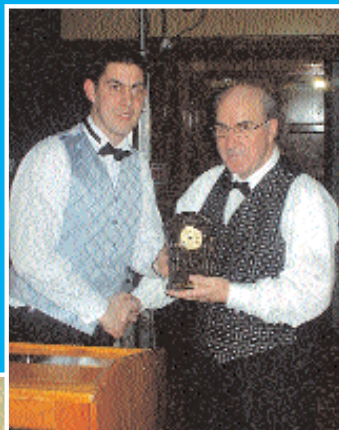
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Hangover Advice



What causes hangovers?

Everyone who has ever had one too many knows the misery of waking up the morning after the night before with a thumping hangover. That combination of headache, nausea, hypersensitivity and gastric upset that we call a hangover is, of course, caused by drinking alcohol.

When you drink alcohol, you take poison into your body. Having a hangover after drinking is nothing more than the after-effects of poisoning. Alcohol poisons people in two ways — physically and psychologically. The physical effects include the familiar headaches, vomiting and nausea.

The psychological effects are subtler and vary from person to person. Alcohol is a depressant drug. Drinking too much is overdosing on a depressant. Your body responds the next day by bouncing back from the depression, becoming hypersensitive. This explains why many people with a hangover are cranky, irritable and easily upset.

The physical effects are the result of the havoc that alcohol causes in bodily systems:

Alcohol dehydrates the body. Your liver needs water to dissolve and expel the toxins it receives from alcohol. When the body's reserves run out, the liver borrows water from other organs, including the brain.

Boozing can cause a mild dose of malnutrition, since it strips your body of its storage of vitamins and minerals, and depletes blood sugar. The loss of some of these trace elements can make a bad headache much worse.

Some alcoholic drinks contain complex organic poisons, such as methanol and acetone, which many researchers believe could be the instigators of a hangover.

In a bad harvest year, wine may contain more impure elements than in other years.

Nearly all red wines, and Chardonnay white wines, are matured in wooden barrels. During the first three or so years of a wine's maturing, many poisonous substances present at bottling are neutralised in the barrel. If these wines are drunk too young, they will have a higher level of toxins and may contribute to a bad hangover.

Which drink is most likely to cause a hangover?

The rule of thumb is that the paler the spirit, the less painful the subsequent hangover. This is due in no small part to tiny toxins called congeners that are present in alcoholic drinks. The darker the drink, the more congeners it contains.

A glass of Bourbon whiskey, for example, contains eight times as many congeners as the equivalent amount of vodka. This does not mean that drinking vodka will not give you a hangover though. Tests published in the British Medical Journal discovered that Bourbon was twice as likely as vodka to cause a hangover. It is generally accepted that

cheap red wine will cause the worst hangover, followed by brandy, dark rum, whisky, white wine, gin and vodka.

However, drinking too much beer is likely to cause a hangover by dehydrating the body through urination, while drinking alcopops or sweet liqueurs can lead to a hangover by causing nausea due to excess sugars in the body.

Mixing your drinks is the most sure-fire way to procure a hangover.

What is the best way to treat a hangover?

Alcohol can affect different people in many different ways. Some people have a high tolerance level for alcohol, and may feel compelled to drink heavily in order to feel the effect of drinking. This kind of heavy, binge drinking is not a safe or a smart way to spend your night. Others may react very severely to alcohol, with flushes, rashes or violent vomiting, and may never be able to enjoy a drink.

The only guaranteed way to avoid a hangover is to avoid drinking alcohol, but given the central role of the pub in Irish social life, this advice may be more pious than practical. For those who prefer not to abstain from drinking, alcohol must be treated with respect - and this means moderation.

There are as many hangover cures as there are drinkers, but the best way to treat a hangover is as if it was a severe cold.

Rest as much as possible, and rehydrate the body by drinking water. Sweet drinks may help in replacing blood sugar, but may also cause nausea.

Some people always make a point of drinking at least two or three glasses of water just before going to sleep, and swear by this as an effective method of either reducing or even eliminating a hangover after drinking. The effectiveness of this method is that it combats dehydration. It certainly can't do much harm, if you've already drunk quite a lot of alcohol but it does not eliminate your chances of suffering from a hangover the next morning.

Avoid tea and coffee, as they will only dehydrate the body further.

Don't have a "hair of the dog", it only works by delaying the hangover till later. You simply remain drunk, harm your body further, and will still have to face that hangover eventually!

The only sure fire way to deal with a hangover is to not cause one from the start. Drink in moderation, alternate between alcoholic and non-alcoholic drinks, eat something before you go out or drink a glass of milk to line your stomach. If you feel yourself getting drunk during the night take a break, sit down and drink some water until you feel more in control of the situation.

Ten Steps to Clean Clothes

1. Read the labels
2. Check your pockets
3. Stains and the power of stain remover
4. Separate the darks and lights
5. Don't overstuff the machine
6. Avoid Hot water
7. Read the detergent instructions
8. Using Bleach - only on whites
9. Ironing, and cheats
10. Don't be a nuisance

10 Steps to Clean Clothes

Read the Labels.

I have ruined more shirts by not reading the labels. So, what does the mysterious label have to say besides your initials to distinguish it from your siblings? It will let you know what it is made out of, and what it can handle from your washing and drying machine.

Once you know what you are wearing, find that setting on the washing and drying machine.

After the first couple of drying sessions, you will quickly learn that many clothes are at war with the dryer. Use with caution and read the labels. It is a built in instruction manual.

Check your Pockets.

Remember last week when your lecturer gave you the class timetable for the next year and you stuck it in your pocket? Guess what happens when you wash those pants... bye, bye schedule. You will save yourself a lot of headache by just checking your pockets.

You will also save yourself a lot of money as it somehow falls out of your pockets, and if someone empties the machine, guess who gets rich!

Stains and the power of Stain Removers.

Personally, I could of cared less about stains, let alone washing at all during my first few years of college. I just brought it home with me at the weekends. You probably are in the same boat as myself; therefore, it is up to you whether or not you want to spend the 10 yo-yos on stain remover.

Simply put it on the stain, wait a little, and then chuck it in with the rest of your clothes. It's easy and works on most stains.

Separate the Darks and Lights.

How can you tell a first time washer user from a pro? The pink shirt, that once was white, is a dead give away! I know it saves time by packing the machine with all your clothes, but you ruin your clothes! Here are some quick tips for saving your clothes:

- Wash whites
- Wash Darks
- Wash Reds

It's that simple. Most people wash the darks and reds together, but this could still leave you with some purple

clothes that once were blue. Then again, tie-dye is catchy if you are into that kind of thing.

Don't overstuff the machine.

Out of common courtesy, try not to ruin the machine you are using as you will soon find out that they remain broken the rest of the year. If your washing machine has only broken down twice by the end of they year, you've done well!

If you, like others I know, are an over-stuffer, your clothes will not be as clean, but you will save some time and washing powder. I have to admit it's not a smart idea.

Avoid Hot water.

Here is little math equation:
Hot water = Ruined, shrunken clothes

Although hot water is not as destructive as a hot dryer, it can still cause some damage. This is where reading the labels can come in handy. Try to use cold or warm water at all times. There are a number of 'cold water washing powders and liquids' that will provide a good clean wash with cold water.

Read the Detergent Label.

Some detergents have the potency of an atom bomb and can wreak havoc on some tender threads. Try to read the detergent label when you go shopping so you can get the best possible detergent with maximum output. Make sure it is a cold-water detergent so you can use it on everything.
Bleach.

Bleach is a powerful tool generally reserved for the most knowledgeable of mothers. If you are a beginner or intermediate laundry user, avoid the bleach! Bleach has two important uses:

1. Make white clothes cleaner and whiter
2. Removes the toughest of boils and warts

Bleach means power, and if used properly can make white clothes stain free again and almost make them shine. Otherwise, they can cause major hole in your clothes and tie-dye the rest of them.

Ironing.

One of the greatest phenomenons of nature relates to the miracle of hot dryer and no wrinkles. If you fold your

clothes as soon as your clothes are finished drying, you will be amazed in the results. Try using some clothes hanger to avoid any folding wrinkles at all.

There are some tips when you chose to iron your clothes.

Chances are, you will not splurge and buy an ironing board unless one is supplied in your house. Placing some folded towels on the floor, desk or any other hard surface will be a good substitution.

Clean your iron to avoid ruining that nice, washed shirt. If you do have an iron, that is a good start. Try to keep it high and away from your food. Movie experience has served as a good reminder not to grill a cheese sandwich and then iron your clothes with the same iron, the same day. 'Benny and Joon' has a lot to answer for.

If the wrinkles just don't want to come out, there are a number of great products on the market that will basically iron your clothes for you. Try a little starch spray, and it will only set you back a few euro.

Delicates need a mother's touch. Chances are if you are going to iron, you are going to iron some nice clothes. Here are some tips for easier, safer ironing:

Iron cuffs and collars first

Steam irons work miracles on wrinkles and delicates

A damp towel saves the tenderest of threads

Please remember to unplug the iron before you walk away from it, and to keep your wits about you when you are ironing.

Don't be a nuisance.

There is an unspoken list of rules when using the washing machine. Some houses have a list of rules posted for the new people in the house. Memorize the following list and you will be washing with the best of them:

Don't leave clothes before, after or during your visit just lying around.

Try to avoid throwing washing powder around... sweep up any extra powder and bin it. When it gets wet it's no joy to clean up.

Remove the lint after you use the dryer, and chuck in the trash, not the floor!

Try to remember you have clothes in the washing machine. Leaving it there a week makes you public enemy number one!

In the Web of music sharing

by J.F. Byrne

"...if Metallica does not want its fans to copy and share its music for no cost, then Metallica fans need to respect that..."



A balance is needed between protecting an individual's property rights and the benefits of as much information as possible -- to as many people as possible -- for free. I have some good ideas of how to achieve this balance, but, alas, I am but a confused college student.

I am not confused, however, about something else. People have taken to this phenomenon of music swapping without the least bit of hesitation, and this is unfortunate. Eager to get as much free music as possible, no one seems to think that maybe, just maybe, there may be somewhat of an ethical dilemma here.

Spreading information is vital to a democratic society. Just as important, however, is the right to own property. Before individuals can exchange goods and information, people must know who owns which goods and which information. Without this knowledge, while the incentive for artists to create and work may still be there, the ability to do so disappears. Artists paint out of love, as musicians play instruments and singers sing songs; still, these people need to be compensated in some way for their Labour. The whole basis for intellectual creativity comes from the knowledge that the creator can receive credit for his or her work.

Many artists like the fact that their music is out on the Internet reaching more fans than ever before. That's great; this is the choice of the musician. Music fans must respect the decision of artists who do not want their music passed around without cost. If Metallica does not want its fans to copy and share its music for no cost, then Metallica fans need to respect that.

It is true that the music industry has been unfair not only to its artists, who rarely make enough money on their own music, but also to the consumers. This is an

argument many people use to justify getting music off the Internet rather than buying CDs.

Gold may cost a lot, but that does not mean people can steal gold. It simply means people will not buy it. High prices are no justification for theft.

Real questions exist about the ethical implications of file sharing. Choosing to ignore them is unbecoming for a college student who prides himself or herself on upholding honor and integrity.

With all this in mind, file swapping sites like KaZaA allow for great things in music sharing to occur. Any person, anywhere around the world, can listen to any type of music. This is a great thing for music lovers, as long as the balance is struck. Here is one approach to achieve that balance.

Refuse to download music from artists who have specifically asked for no one to copy and share their music on the Internet. Admittedly, it is hard to find what all artists say about the issue, but it is good-faith effort that is important. Moreover, whenever downloading a song, make sure to support that artist by purchasing a CD or going to a live show. Always. Finally, never make CDs from files off the Internet which could have been purchased. Worse still, would be to share these CDs with friends. Although there may be a legitimate legal defense for downloading music to leave on the computer for personal use, going the extra step to make a whole CD and giving it to other people is going too far.

Lawmakers could look at a law which bans all music sharing Web sites so that musicians who do not want their music shared without their permission can enjoy that right. At the same time, people can still get music off

individual artists' Web sites who choose to put their music out for free. If an upstart band wants its fans to share and spread its music, that's great. But if Metallica does not want to do the same, people must respect their decision.

For a long time I refused to download any music, holding steadfast to the belief that to take any owned material without permission and spread it is illegal and wrong. But I thought more about it and realized the issue is not as black and white as I first thought.

This issue mirrors one of this republic's fundamental disagreements, the importance of spreading information and the importance of protecting individual property, the basic individual versus larger society.

Copying free music off the Internet is one thing. It may be wrong, it may be OK, but at least the Dáil have yet to rule on the issue specifically.

In the meantime, we, as self-governing individuals with consciences of our own, need to think about this long and hard. We owe that much to ourselves and the artists we love.



Not everyone who gets hit by a drunk driver dies.

Jacqueline Saburido was 20 years old when the car she was riding in was hit by a drunk driver. Today, at 23, she is still working to put her life back together. Learn more at www.DontDrink.org

DON'T DRINK & DRIVE

From Department of Public Safety - New Mexico Beverage Commission - Transport Operating Unit - Partnership for a Drug-Free Team - State Commission on Alcoholism Drug Abuse - © 2004 American Beverage Association

Terrible Truths of Drink Driving

by Tim Clifford

"...But Facts and Figures are only a few numbers. I'm a great driver, nothing will happen to me, I hear you say..."

I was prompted to put finger to key after I was watched the Fire Brigade in the College put on a display in front of the library. A student was standing in front of me and while the demonstration was under way came out with the following comment. "Looks easy enough to me, sure I'd climb out the window". The only thought that flashed through my head was of a car lying upside down in a field in the middle of nowhere in the pissing rain at 4 in the morning. "Sure, I'd climb out of the window". How easy it would be. But unfortunately life isn't so simple.

I wonder what it would take to make a person sit down and actually think about the effect of speed or driving while under the influence of alcohol could have on a family should an accident occur. It is only when it happens to some one you know that it kicks in.

I just went on to the National Road Authority web site www.nra.ie for a few facts and figures.

In the year 2001-2002:

- 411 killed in 360 fatal accidents
- 32 drivers aged 18-24 lost there lives 28 of these were male
- 89 pedestrians were killed
- 102 were killed between 9pm & 3 am

- 72% fatalities were killed on rural roads (A rural area is defined as an area where the speed limit zone is greater than 40 m.p.h.)
- €754 million is what the An Garda Síochána estimate the total cost of road damage. (Compensation included)
- 42 died in the month of September - the highest month for road fatalities in Ireland.
- 52 killed in Cork
- 14 killed in Kerry
- 22 killed in Limerick
- 16 killed in Tipperary
- 13 killed in Waterford
- 9 killed in Clare
- 13 killed in Waterford

But Facts and Figures are only a few numbers. I'm a great driver, nothing will happen to me, I hear you say. OF COURSE YOU ARE.

It is rare I find myself shocked because of stories in the news or papers these days. What with the Sex scandals in the Church and more recently child pornography I take it as second nature that the news I hear on TV or paper is always going to be bad/sick or seedy. A friend forwarded me this article from America. Read it and when you have finished mail me with any comments you might have explicit@citsu.ie

NOT EVERYONE THAT GETS HIT BY A DRUNK DRIVER DIES!

Children always look. They always turn around to look. Some kids shout. Some ask their mothers what happened. Some follow. Some hide. Once in a supermarket, a boy came near. Monster, he said. It's even worse when children cry. "I feel like a normal person inside," Jacqueline Saburido says. Some days, she stays at home, lying in bed, visiting the past. For a while, she rests in the memories of her old life, the life that disappeared in the flames.

JACQUI'S FACE

At a distance Jacqui looks old. Up close, ageless. She has a baggy neck and thin crumpled lips. Her cheeks are splotchy and rough in places, smooth in others. Where her right ear should be, she has a slender crescent of cartilage around a pea-sized black hole. On the left side, she has only a hole. Her nostrils are ragged, torn. A flap of skin hides her left eye. For more than two years, the eyeball floated naked in the socket, mostly blind but perpetually staring behind a clear plastic goggle. Her right eye sees behind a veil of scar. Her burned skin can't sweat or protect her from heat and cold. It feels hot and tight, like having sunburn. Her fingers are amputated between the knuckle and the first joint. On her right hand, they are fused together like a mitten.

THE JOURNEY

On Sept. 19, 1999, Jacqui got a ride home from a party in Austin. On a dark road, a drunken driver veered over the yellow line. Two passengers died on impact. Two were rescued from the spreading fire by frantic paramedics.

Jacqui, pinned in the front seat, burned. She woke up in a hospital in Galveston, blind and hallucinating. Her parents, estranged from each other, waited by her bedside, watching parts of their daughter die. But Jacqui lived. She emerged from the hospital unrecognizable and totally dependent.

She suffered third-degree burns over 60 percent of her body, according to her hospital discharge report. After 2 years, she's had more than 40 surgical procedures. Her goals are basic but desperate. She wants her left eyelid rebuilt and her vision restored. She wants to regain use of her hands. She also wants hair, a nose and lips. But no doctor has the magic answer, and no surgeon has much to work with. Jacqui's body is a mass of scars.

JULY 2001

Jacqui spends most of her free time indoors, waiting for her next surgery, watching Latin American soap operas and e-mailing friends and relatives back home in Venezuela. At night her father Amadeo brings the tiny tubes and squeezes drops into her eyes. It's a precise gesture — like dripping oil on a hinge — yet tender. She used to sleep on her stomach, but now she can't. She worries she could scratch her left eye against her pillow. She also worries her father might forget the drops. "I'm scared all night," she says.

AUSTIN SEPT 18 1999

Jacqui had been in Austin for almost a month, studying English at a private language school near the University of Texas. Her neighbor was Johanna Gil, a 20-year-old Venezuelan student she had met in English class. Jacqui and Johanna did everything together. On Sept 18 Jacqui and Johanna went to a friends party in Austin.

REGGIE STEPHEY

That morning, Reggie Stephey's mother picked him up from football practice at Lake Travis High School. The 18-year-old was a popular wide receiver with a narrow build and wavy light brown hair. Earlier that summer, Reggie had moved into his own apartment. His father had died when he was a child, leaving him \$70,000 from an insurance policy. Reggie supported himself with that money and a paycheck from folding clothes at a mall store.

Reggie's mother drove him to pick up his prized blue 1996 GMC Yukon, which was getting a new bumper. He had bought the sport-utility vehicle with his inheritance and had it customized and raised. That night, Reggie met some high school friends at a dock on Lake Travis, where they drank beer from an ice chest. Reggie said later in a court deposition that he had had two or three beers. About midnight, when his friends

started leaving, Reggie drove alone to a college party downtown. When he arrived, a witness later testified at his trial, Reggie's eyes were bloodshot.

TWO PARTIES

At the party, Jacqui and her friends watched the Oscar De La Hoya-Felix Trinidad boxing match on television, then danced salsa and merengue. It felt like a party back home.

As the hours passed, Jacqui grew bored. The birthday boy, who had picked her and Johanna up, was drinking and couldn't drive them home. They waited around for a ride.

In Austin, Reggie walked to his car. He seemed unsure of his words and footing, a witness later said. Describing that night to a jury, Reggie said he couldn't remember how many beers he drank at the party.

A RIDE HOME

A Russian girl, Natalia, offered Jacqui and her friends a ride home. Jacqui, who rarely drank, said she had been watching Natalia. She seemed sober.

Laura and Johan climbed in the back of Natalia's 1990 Oldsmobile Ninety-Eight Regency. Jacqui and Johanna remember arguing over who would ride shotgun. Eventually it was Jacqui who sat in the passengers seat.

Jacqui doesn't remember whether she fastened her seat belt.

The autopsy report would say that Laura did not.

SEPT 19 1999

About a mile down the road, paramedic John McIntosh saw a teen-ager in the road, standing in the ambulance's path, holding a cell phone and waving his arms frantically. Reggie Stephey looked wide-eyed and lost. He had just called 911. The front of Reggie's Yukon was smashed, but the vehicle had suffered little other damage. Thanks to the air bag, Reggie walked away with only a red seat-belt mark across his chest.

The front of Natalia's Oldsmobile was twisted and crumpled like an accordion. Broken glass covered the road. In the front seat, Jacqui struggled to free herself. She was pinned between the dashboard and the seat. Flames from the engine were starting to creep toward her face. Next to her, Natalia was dead, crushed against the steering wheel. In back, on the floorboard behind the driver's seat, Laura lay curled in a ball, also dead. The two other back-seat passengers, Venezuelans Johanna and Johan, were dazed and injured. Fitzpatrick, the paramedic grabbed his fire protection coat and ran. He saw McIntosh dragging Johan across the road. Oh, my God, Fitzpatrick thought, there are people in this car. Fitzpatrick ran for his medical gear.

The flames were climbing. There's not much time left, he thought. Jacqui looked straight at the approaching fire, screaming, crying, squirming to free herself. McIntosh pressed the door handle. The door wouldn't budge. The flames edged closer to Jacqui's face. She pushed back, thrashing with her broken right arm for leverage. Jacqui rotated her face away from the flames. She couldn't twist far enough. The flames licked at Jacqui's head. Sparks caught her hair. The fire rolled into the passenger compartment. "John, let go," Fitzpatrick shouted. "You need to back up." Jacqui flailed. Flames wrapped around her. Her nose and her ears were on fire. Clumps of burning hair fell away. She started to wail. The paramedics had never heard anything like it. It was so many sounds at once — suffering and despair, terror and hopelessness. Absolute agony, Fitzpatrick thought. Then he started screaming, too.

"Oh my God, she's burning!" Jacqui's wails seemed to go on forever. The fire engine shrieked the hill. Fitzpatrick ran over, waving frantically. A firefighter heard Jacqui's cries above the fire. He jumped out and pulled off a hose. Another started the water pumping. Jacqui's wails stopped. She slumped over in the flames, her head drooping on her right arm. The paramedics listened, not to the fire, but to her silence.



Reggie's Jeep



Reggie



"Thank God she's dead," Fitzpatrick said. A firefighter began flooding the car with water. Another firefighter trained a second hose on the car. In a few seconds, the flames died out. Bright red spots still glowed on Jacqui's body. Gently, a firefighter doused her. Her body steamed. "Fitz," he said, "she's dead." Fitzpatrick needed to know for sure. He went to the car. Across the road, McIntosh heard him yell. "Oh my God, she's still alive."

Jacqui moved her head and whimpered. Remnants of her hair, crisp and curled, clung to her skull. Her scalp was seared, her face indistinguishable. One eye looked burned open, the other burned shut. Her shirt was melted, and her skin was crusty, cracked.

GALVESTON – THE BURN UNIT, SEPT. 19, 1999

Once Jacqui entered the eight-bed unit, nurses and doctors began an around-the-clock battle to save her. Healthy skin, the body's largest organ, keeps fluid in and bacteria out. But Jacqui's skin could do neither. Nurses rushed to pump Jacqui full of intravenous fluids and antibiotics. They cleaned her wounds and changed dressings constantly. It was gritty work. Jacqui's body fluids kept soaking her bed. Nurses, who kept Jacqui's room near 100 degrees, walked out drenched in sweat.

HARVESTING SKIN

That day, doctors set Jacqui's fractured bones, drilling in pins, metal rods and plates. They cut open her hand to wash out dead tissue and dirt with a hard water spray.

Surgeons began the process known as debridement. They went to work with scissors and a long blade, slicing through Jacqui's dead skin until they reached flesh that bled. Surgeons covered her burns with autografts — thin strips of healthy skin shaved off unburned parts of her body. They passed the skin through a machine that punched small holes in the grafts, allowing doctors to stretch them and cover a wider area. The grafts left aching wounds. Doctors waited until the wounds healed to harvest more skin.

AM I UGLY

Jacqui turned to her mother: Am I pretty or ugly? Chiquita, of course you're not like before, Rosalia told her. But little by little they'll fix you. "I thought I must not be so bad," Jacqui said, "because, knowing my mother, she would tell me."

LEECHES

In January, plastic surgeons rotated a temple muscle over her left eye to cover it. But blood started pooling over the muscle flap — Jacqui's damaged veins couldn't drain it. Her doctors resorted to an ancient technique: leeches, which sucked up the blood and, they hoped, would give her veins time to grow. "It was gross," Roberts said. Someone had to tend them. Amadeo volunteered. For five days, he sat up, plucking off the leeches with pincers when they swelled with blood.

MIRROR

Her first real glimpse in the mirror was blurry. Then, in March 2000, a month after her release from the burn unit, she visited Roberts, who gave her drops that dilated her right pupil. For a few hours, she could make out details.

THE LONG YEAR

The months passed. Little by little, Jacqui began to see more out of her right eye and began to walk more. By July, 10 months after the crash, she finally felt fully conscious again. She still struggled to accept what had happened to her. In the apartment, distractions were few and sadness constant.

TRAVIS COUNTY COURTHOUSE – JUNE 2001

Reggie Stephey entered the silent room and looked at each of the faces gathered around the conference table. Mauricio Guerrero and Johan Daal, the father and boyfriend of Laura Guerrero. Jacqui and Amadeo.

"I'm sorry," he said. Reggie's trial was in its second week. Jacqui and Amadeo, who had returned from Venezuela five months before, had driven to Austin so Jacqui could testify. Reggie had wept when Jacqui took the witness stand — it was the first time he had seen her. Then, on his 20th birthday, the jury found him guilty of two counts of intoxication manslaughter for Laura's and Natalia's deaths. He faced up to 40 years in prison. Reggie had taken the witness stand to ask the jury for probation, he said he wanted to educate teen-agers about drunken driving and "give them something to think about." Then he apologized to the victims and offered to meet with them in person. Jacqui had long been curious about Reggie — what he looked like, what kind of person he was. When she walked from the witness stand back to her seat, she couldn't help herself. She paused and peeked. "Oh, he's handsome," she thought.

She found herself feeling sorry for Reggie, worrying that he wouldn't be able to attend college. Still, she felt he should be held responsible for the lives he destroyed. "I wish there was something between guilt and innocence," she said afterward. As jurors weighed Reggie's punishment, Jacqui and the others agreed to meet him in a conference room.

FORGIVENESS

Jacqui spoke at the end of the meeting. She told Reggie how her life had changed. "I don't hate you," she remembers saying, "but you need to understand that you committed a grave mistake." The room was silent. "I forgive you," she said. Reggie, Jacqui remembers, said he wished he could give her back the past. I admire you, Reggie said. I'll do anything I can to help you — I'm at your service. Jacqui looked at him. "Well," she answered, "I do need a housekeeper." As they finished talking, the jury reached a verdict on Reggie's sentence. The jury had sentenced Reggie to seven years in prison and fined him \$10,000 for each death.

"Even if it means sitting here in front of a camera with no ears, no nose, no eyebrows, no hair, I'll do this a thousand times if it will help someone make a wise decision," Jacqui told reporters.

EPILOGUE

Jacqui's life has changed for the better since the second anniversary of the accident. In March, as Scheker described it, Jacqui had her "do or die" surgery: yet another operation to rebuild her eyelid. After more than two years of failures, an eye surgeon succeeded in covering her eye with a flap of skin. And the doctor didn't have to touch Jacqui's feet.

After six months, doctors plan to cut a slit so she can see through the flap and perhaps blink. In the future, Jacqui hopes to have cornea operations on both eyes to regain vision. She has more surgeries planned on her right finger stubs. And one day, she still hopes to have reconstructive surgery on her face.

"NOT EVERYONE THAT GETS HIT BY A DRUNK DRIVER DIES" was the last thing Jacqui said before leaving the news conference.

The future is bright.. The future is CIT ladies soccer!

By Emma Martin



As with many college teams, replacing past students is often a difficult task. However, with the growing interest in Ladies Soccer, we weren't long filling our panel of 22. With the introduction of some promising first years and the experience of our more senior players, we were looking forward to the season ahead!

CIT Ladies Soccer team plays at the highest level of women's college soccer in the WSCAI Premier Division. Last year we finished 3rd in the Premier League, a great achievement for the team as it was our first year in the Premier Div. So hopes are high for continued success this year.

All league games have proved to be difficult this year. There've been no easy games, every team taking points off each other, so no team is running away with the league.

As with most colleges our main priority is the WSCAI Intersivites being hosted in Queens University in Belfast. The Intersivites are taking place from 6th – 8th March and now each game we play is seen as a preparation for that 3-day tournament, a victory in the Cup competition being the ultimate goal!

This years league has been full of up's and down's for this team. The low point was when CIT travelled to Dublin for the game against Coláiste Íde on Thursday 16th Jan after the Christmas holidays. Unfortunately, on the day CIT did not 'click' and the performance was well below that which would be expected from this team. The performance of the team took a turn for the better when they played UCD only 3 days later. Though the result read 3-2 to UCD the victory was with CIT in their performance and determined will to win! Its not all about points on the table for this team but heart, commitment and giving 110% for 90 minutes is what counts. A small bit of luck and

the rub of the green was the difference between losing and coming away with a result. With the Intersivites approaching fast, a bit of hard work on the training pitch and a 'never say die attitude' like we had vs UCD will make us a force to be reckoned with in March! Games still to be played in the league are UL; Sligo; and Inchicore.

In the middle of all this the Indoor Intersivites take place in Dublin (Feb 8th). CIT have a great tradition in this competition entering two teams most years and last year the A team were only beaten by penalties in the Cup Final. This year we hope to go one better and bring home the Cup!

Club Captain is Emma Martin;

Sports Bursary Recipients: Stacey Higgins and Deirdre Calnan;

Team photo: (back to front & left to right)

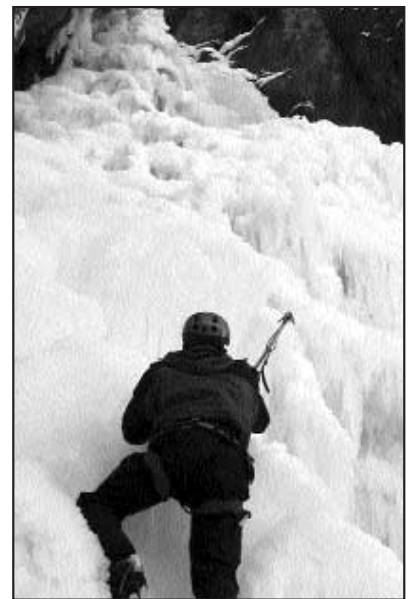
Joan O'Donnell; Ann O'Regan; Triona Crowley; Bernie O'Mahony; Sharon Keane; Emma Martin (Captain); Carol Rodgers; Janet Coughlan; Elaine Cohalan; Mairead Kelly; Ciara Twomey; Philomena Browne; Deirdre Calnan; Stacey Higgins; Debbie Coomey; Aoife Kelleher; Paula O'Connor; Nicola Aherne.

Missing from photo: players. Irene Hogan & Susan Power, manager Eithne Lydon and coach Pat Rocks.

For more information please visit www.citsport.com

ROCK CLIMBERS DO IT AGAINST THE WALL!!

(In fact we climb up just about anything we can!! =))



A couple of years back there were all these crazy people hanging round the college with nothing much to do! And then someone came up with the bright idea of putting them all together, in a club, but there was still a problem, they had nothing to do....so after many many rounds of scissors, paper, stone it was decided they were to be Rock Climbers, and not just any old rock climbers oh no.....THE BEST DAMN ROCK CLIMBERS IN THE WORLD! Well kinda!

During the next few years they recruited more people destined to climb and some people who were just crazy and had nothing else to do! In 2002 they competed in the first 2 rounds of the Irish Bouldering League and are currently planning a journey to the mystical land of Galway to drink, party and feast....oh and to compete in the next round of the league!

These groovy warriors of the rock can be found in the Mardyke Arena every Tuesday between 5.30 & 7.30pm perfecting their crazy methods (not really, don't be intimidated if your thinking of joining, we're not that good its just a lot of fun!), the Sports Office are said to be in contact with them and for €3 they will give you a pass to climb with the CIT rock climbing club! (best to email me 2 if your new, see below!)

It has been said that they also venture to the town of Midleton every Thursday night, their chariots have been seen leaving the CIT bus stop at 7pm sharp on this night!

I myself have heard that they are currently in need of more warriors to HAUL ASS up walls and rock. Apparently all men women & children are welcome as long as they bare the crest of CIT, experience is not an issue with them only enthusiasm and laughter!

It is believed they have a website that goes by the name of

WWW.GEOCITIES.COM/CITRCC

They have a master of the dark arts of Public Relations, he works in strange ways and goes under the name of Ben. An old wives tale says if you send a script to theyamin@hotmail.com he will respond as fast as the dark arts will allow him!

So the time has come to ask yourself....are you to be a Rock Climber?

(Sure come along for a laugh its good craic and safe!)

For more information please visit www.citsport.com

Gangs of New York

Reviewed by: Emma Cogan

Starring: Leonard DiCaprio, Daniel Day-Lewis, Cameron Diaz. Directed by: Martin Scorsese



It's 1846 in New York City. Two groups, one comprised of the natives of America and the other of "foreign hordes" face each other to do battle over the Five Points. The battle is graphic, bloody and very visual. Typical Martin Scorsese, then.

The release of this film is long over due. Having been forecasted to be released at the end of 2001, it was put back until the middle of 2002, and then to the end of 2002. Eventually it hit our screens at the start of 2003. But has it been worth the wait?

The story is straightforward enough, with Leonardo DiCaprio as Amsterdam Vallon, the reluctant hero intent on killing his father's enemy and murderer. Cue Daniel Day Lewis as William Cutting, aka Bill The Butcher. The plot is strong, but it unfortunately has a tendency to stagger, giv-

ing it a jerky and somewhat unsettling effect. The story also tends to slow down, read as drag, in the middle, ensuring that the film lasts just over two hours and forty-five minutes.

But the good definitely out weighs the bad. The acting is superb, especially from Daniel Day Lewis, who plays the part of Bill The Butcher with great vigour. It would not surprise me to see his name in the nominees for best actor at this years Academy Awards. Leonardo DiCaprio holds his own valiantly, while Cameron Diaz, excluding a very suspect Irish accent, is the love interest, who enhances the story without taking anything away from the main issues. And with authentic costumes and memorable sets, I would have to say that, all in all, Gangs Of New York is definitely a film that has been worth waiting for.

Eight Mile

Reviewed by: Emma Cogan

Starring: Eminem, Kim Basinger, Brittany Murphy, Mekhi Phifer. Directed by: Curtis Hanson



There are a few preconceptions going around about this movie. One of them is that Eminem is just another rapper trying to make it and break it in Hollywood. Another is that he isn't even taking on much of a challenge, because the character he plays is just like him, and what is so hard about playing yourself. Right? Wrong. On both counts.

Yes, Eminem is essentially a rapper, and yes, he is trying his hand at acting. But Eminem has chosen a role that doesn't require serious acting. And this is clever, because in the film he gets to do what he does best, which is rap. And Eminem can rap. As to the whole playing yourself is an easy role, I have to disagree. When playing a role unrelated to you, you can disassociate yourself from it. But if you're playing someone like you, some things are bound to hit close to home.

The story line to this film is easy. Jimmy is a white rapper, living on the black side of Detroit, who tries to earn respect by taking part in rapping wars. He has a dead end job, but also dreams of getting out and making it big one day. Kim Basinger plays Jimmys' mother, and she does it well. She also starred in LA Confidential, the director of which, Curtis Hansen also directs 8 Mile.

If this were reality, the story would be a lot dirtier, meaner, and seedier. But it's had a bit of a Hollywood make over, so the edges are slightly smoother. But don't let this turn you off. It is still a good movie. Enjoyable. And the rapping wars definitely make it worth it...

Star Trek Nemesis

Reviewed by: James Maher

Starring: Patrick Stewart, Jonathan Frakes, Tom Hardy, Marina Sirtis, Brent Spiner. Directed by: Stuart Baird



Time to dust off the auld enterprise for one more trip around the galaxy. Well what can be said about this film. I suppose the list of things that are good about is the shortest list so lets do that. The ships are cool as always but its kind of expected. The space battles again are rather good. And thats about it. Sadly everything else lets it down. Between the Mad max style car chase, Data flying like superman, the Orks in space remains it all feels a little tacked together. And thats before you look at the story. The main villian has no real reason to hate the federation. None at all as far as I can see. But he wants to blow up earth. I suppose this is a startrek movie and you have to do a we save the

earth bit. Then there are the romulan senators with the survival instinct of lemmings, slaves with the ability to build ships more deadly than star fleet finest and so on and so on. There are very few reasons to see this if your are star trek fan. Less if your not. A film thats a waste of your time and money. Lets hope if they do another its an improvement.

Q&A



G-man why is scoring three goals called a "hat trick" in hockey?

It certainly has nothing to do with pulling a rabbit out of a hat. And it has nothing to do with what was called a hat trick in the British House of Commons about a hundred years ago. (A member would save a seat for himself by putting his hat on it.) This hat trick is for a player scoring three goals in one game. But it is not originally a hockey term, nor is it originally Canadian. "Hat trick" comes from the game of cricket about a century ago. A cricket bowler who got rid of three batsmen on three balls in a row would have a new hat bought for him by his teammates. By 1909 this term came into general use in many sports to celebrate a three-fold feat. And hockey picked it up early on in the game.

G-man do animals dream?

It seems that they do. Watch your dog or cat sometime, and you can tell it is dreaming of running after something. Its eyes twitch, sometimes it moves its paws, something is happening in its dreams. Scientists think that most warm-blooded animals dream. They have monitored goats, sheep, cats, dogs, rats, mice, monkeys and apes, and all had dream periods and symptoms--all except the spiny anteater, which seems to be a dream-free mammal. Probably the animal that spends most time dreaming is the possum.

G-man TRIVIA: Hunting animals like cats, dogs and humans spend more time dreaming than animals that are hunted, such as cattle, rabbits, sheep and goats.

G-man why do men have Adam's apples?

That lump on men's necks, the outer part of the voice box or larynx, is called an Adam's apple. Women have one too, but a man's Adam's apple is at a sharper angle and seen more easily. The Adam's apple is named after Adam, who the Bible says was one of the first two people on the earth (along with Eve, his mate). The legend is that Adam ate some forbidden fruit from the Garden of Eden and a piece of it got stuck in his throat. That throat bulge has been with men forever, supposedly to show that men can be weak and give in to temptation. The medical explanation is that men have stronger larynx muscles, hence deeper voices, and the Adam's apple is where those muscles are stored.

G-man Uncovers 10 Bad Excuses Given to Lectures

Dear CIT: Please excuse John from being absent on Jan. 28, 29, 30, 31, and also 33. Please excuse Deirdre from being absent yesterday. She was in bed with gramps. Please excuse Johnnie for being. It was his father's fault. Mick will not be in college because he has an acre in his side. John has been absent because he had two teeth taken off his face. Excuse Gloria. She has been under the doctor. Lillie was absent from college yesterday because she had a going over. Jimmy was absent yesterday because he was playing football. He was hit in the growing part. My daughter was absent yesterday because she was tired. She spent this weekend with the Marines. Please excuse Gillian from Rec Leis training for a few days. Yesterday she fell off a tree and misplaced her hip.

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The Osbourne Family

I will go to MacB's
for Ragweek 2003

I will go to

Kicks off Sun
9th February



Ragweek 2003

Sunday 9th February

Christy Moore Tribute
County Colours Night

Late Bar until 1am

Wednesday 12th February

Pre Back to School Bash
Head Shaving Competition
Limbo Dancing Competition
Olympic Challenge

Monday 10th February

Big Generator Live

Late Bar until 1am

Thursday 13th February

Pre Freshers Ball Bash

Tuesday 11th February

World Cup Fuzz Ball Competition

